

# **CSETI**

## **Center for the Study of Extraterrestrial Intelligence**



## **Working Group Training Manual**

**STEVEN M. GREER, M.D.**  
International Director

**P. O. Box 265  
Crozet, VA 22932-0265  
USA**

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† Original Digital Audio Tape (DAT) by Wayne Kilbourn. Transcripts of these are included on the CD with this manual



# **CSETI**

## **STATEMENT OF NONDISCRIMINATION POLICY**

CSETI is committed to a nondiscrimination policy. Its general membership is open to all persons regardless of race, color, ethnic origin, nationality, gender, sexual orientation, educational level, religion, creed, or planet of origin.

All such persons named above are similarly welcome as research associates, provided they agree with, in practice and principle, the policies and procedures of CSETI research teams.

CSETI is committed to the principle of affirmative action as a means of ensuring that its diplomatic and research teams are truly representative of the diversity present in humanity and other intelligent life forms.



## **CSETI Philosophy**

The Center for the Study of Extraterrestrial Intelligence (CSETI) is an international non-profit scientific and diplomatic research organization dedicated to investigating extraterrestrial intelligence (ETI) and civilizations, and was founded in 1990 by Dr. Steven M. Greer.

After a thorough review of existing evidence about unidentified flying objects (UFOs), CSETI believes that Earth is being regularly visited by extraterrestrial intelligence – with non-hostile intent – in extraterrestrial spacecraft. The ultimate goal of CSETI is to establish mutually sustainable relationships with ETI through peaceful, systematic means and the good will of global citizens.

In order to establish its bilateral mission between all human beings and any and all ETs, CSETI has developed a system of research-driven communication protocols and public education programs. The principle research platform is the CE-5 (Close Encounters of the Fifth Kind) Initiative.

The CE-5 Initiative involves scientists, investigators and others who voluntarily initiate human contact and/or interaction between extraterrestrial spacecraft and their occupants. CE-5s are active, real-time research activities conducted on site by trained working group members, using scientific and diplomatic methods to establish a non-aggressive and evolutionary relationship between humans and extraterrestrial peoples.

CSETI utilizes the Contact Trilogy to initiate a CE-5 by using a tri-modal communication process developed by Dr. Greer. The modalities include:

- Lasers and visual ground formations which convey intentional, intelligent activity in the sky
- Specific auditory tones recorded at previous UFO sightings and close encounters.
- Coherent Thought Sequencing (CTS), a consciousness/visualization technique employed by working group members to enhance the CE-5 setting and research staging area.





# **STEVEN M. GREER, MD**

## **Biography**

Steven M. Greer, MD is Founder of The Disclosure Project, The Center for the Study of Extraterrestrial Intelligence (CSETI) and The Orion Project.

Father of the Disclosure movement, he presided over the groundbreaking National Press Club Disclosure Event in May, 2001. Over 20 military, government, intelligence and corporate witnesses presented compelling testimony regarding the existence of extraterrestrial life forms visiting the planet, and the reverse engineering of the energy and propulsion systems of these craft.

Over one billion people heard of the press conference through the original webcast and on subsequent media coverage on BBC, CNN, CNN Worldwide, Voice of America, Pravda, Chinese media, and media outlets throughout Latin America. The webcast had 250,000 people waiting online- the largest webcast in the history of the National Press Club at that time.

A lifetime member of Alpha Omega Alpha, the nation's most prestigious medical honor society, Dr. Greer has now retired as an emergency physician to work with CSETI and The Orion Project. During part of his career, he was chairman of the Department of Emergency Medicine at Caldwell Memorial Hospital in North Carolina.

He is the author of four insightful books and multiple DVDs on the UFO/ET subject. He teaches groups throughout the world how to make peaceful contact with extraterrestrial civilizations, and continues to research bringing truly alternative energy sources out to the public.

Dr. Greer has been seen and heard by millions world-wide on CBS, the BBC, The Discovery Channel and NTV in Japan. He has been on programs including *The Larry King Show*, *Unsolved Mysteries*, *Sightings*, *Encounters*, the Art Bell radio show, and dozens of other TV and radio programs.



# **CSETI**

## **Glossary of Terms**

**Close Encounter of the First Kind (CE-1):** Observation of a UFO within 500 feet.

**Close Encounter of the Second Kind (CE-2):** Trace evidence of either a landing or a radar lock-on.

**Close Encounter of the Third Kind (CE-3):** Observation of humanoids, usually associated with UFO activity.

**Close Encounter of the Fourth Kind (CE-4):** Interaction with humanoids, usually aboard a UFO.

**Close Encounter of the Fifth Kind (CE-5):** Human-initiated contact or interaction with Extraterrestrial Intelligence or beings, often associated with UFO activity or other CE-5 contact levels.

**ETI:** Extraterrestrial Intelligence

**EBE:** Extraterrestrial Biological Entity

**Coherent Thought Sequencing (CTS):** Specifically sequenced mental visualization projected only after reaching a state of unbound mind or expanded consciousness.

**Contact Trilogy:** CSETI communication protocols designed to establish a CE-5 with EBEs, ETS or ETI by using modalities of light, sound, and thought (see CTS).

**High Strangeness:** The inexplicable effects and synchronicity of events related to and occurring before, during, and after research missions, various Close Encounters or UFO/ETS sightings.

**Lock-On:** The moment when intelligent signaling or coherent thought to a spacecraft and its occupants is returned in kind.

**RMIT:** Rapid Mobilization Investigation Team – A CSETI group of researchers and scientists who are “on call” to respond to significant UFO/ETI/ETS activity.

**UFO:** Unidentified Flying Object

**UFO Wave:** Multiple UFO sightings in a specific geographic area over a relatively short period of time. Also called a “flap”.



# **Nonlocal Mind/Unbounded Consciousness: Associated Experiences, Abilities, and Levels of Consciousness**

Levels of Consciousness:

- I. Pure Unbounded Consciousness / Pure Nonlocal Mind, experienced in its fullness = samadhi, “the beatific state”, etc.
- II. “Cosmic Consciousness” = Pure Unbounded Consciousness while yet awake, or even in sleep and with dreams; the first “higher state of consciousness”
- III. “God Consciousness” – as with Cosmic Consciousness, but perception is broadened to include “celestial perception,” perception of finest aspects of relative creation.
- IV. Unity Consciousness – as in God Consciousness above, but perception extends to the realization of Unbounded Mind in/through/as every aspect of relative existence.

(And it goes on from there...)

Experiences Along the Journey which naturally develop and which appear at various points for each individual:

Telepathy  
Precognition  
Lucid Dreams  
Precognitive Dreams  
\* Remote Viewing  
(while awake or in dream state)  
Telekinesis  
Teleportation  
Transmutation

Healing Abilities (remote and in-person)  
Celestial Perception (of fine aspects of reality, “angels,” etc.)  
Levitation (of self or objects)  
Out of Body Experiences  
Materialization/Dematerialization  
Bi-Location  
And others too numerous to count

\* **Remote Viewing:** The ability to “see,” via non-local mind, events, places, people regardless of space or time; by accessing non-local mind, you can “see” any place in any point in time (past, present, or future). By definition, non-local mind is not bound by time or space. Once this is understood, and one becomes proficient at accessing the aspect of one’s consciousness, which is non-local, then the extraordinary slowly becomes routine, and all things are possible.

Every higher, intelligent life form is potentially capable of having all of the above experiences; this includes humans and other higher life forms, which have evolved on other planets. The only prerequisite is to be able to be aware of awareness itself. If you can be aware of awareness, then you can be aware of awareness in its non-local, unbounded form. It is likely that the study of consciousness, in all of its aspects and manifestations, will be the great focus of study and science in the coming centuries. Consciousness is the integrating thread, the highest common denominator, and the real foundation of interplanetary unity.

# CSETI

## Categories of Unconventional Experiences

In order to understand unconventional or anomalous experiences, and to avoid confusion and the mixing of apples and stardust, it is useful to have a working cosmology. Here, we must see that people describe many types of phenomena, not just one phenomenon, and yet maintain deeper realization of the deeper, essential unity of reality. Note in particular the categories where overlap potential exists, and where, therefore, discernment is especially needed.

Interaction with/perceptions of:

Biological Extraterrestrial Life Forms (ETLF) (“People” from other planets)

Remote Viewing Experiences:

- of ETLF or
- of nonbiological entities (see below) or
- of other humans elsewhere located on Earth.

Non-biological Entities/Beings:

- “Astral” or Light Beings
  1. of Earth origin (“deceased” previously biological humans)
  2. of non-Earth origin
    - a. “deceased” ETLF
    - b. astral or causal realm originations
  
- Personal “spirit guides” or angels
- “Ascended Enlightened Beings,” Masters, and “Avatars”
- Earth or nature devas/spirits (plant, animal, mineral, other)
- Other planetary nature spirits/devas, as above
- Other probably too numerous to count!

OBEs (out of body experiences) with any of the above, including ETLF

NDEs (near death experiences) with any of the above, including ETLF

Intra-psychic/psychological Experiences: Drug-induced hallucinations, Delusions, Psychosis, Confabulation/“Wannabees”/Fantasy prone personalities/Hoaxes, false Memory Syndrome, PTSD, others

CSETI studies ETLF in all of their aspects or manifestations, but we do not deny the existence or reality of other beings.

Steven M. Greer, M.D., March 1994





# **THE CSETI TEAM: Meaning and Professionalism**

## **Some Personal Reflections by**

**Steven M. Greer, M.D. International Director of CSETI**

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How can we come together as individuals, working in small, volunteer teams, to achieve this one over-reaching goal: Establishing a peaceful, mutual and sustainable relationship between humans and extraterrestrial peoples?

All that we do must address this important and motivating purpose of our joint endeavor which we have embarked on together. We may try, as humans, to do it alone, one soul at a time, out in a field or alone on a mountaintop. But to what purpose, and then what meaning shall it have for human society, for we are social beings. To come together, to collaborate, plan, work and strive to achieve this great goal is the purpose of the CSETI team.

The success of such a union, the integrity of such a team effort, is dependent on the good will, trust and essential unity of each member of the team. It is dependent on a certain balance between a number of paradoxical characteristics, which must be blended and perfected, and culminate in purposeful action.

Team cohesion and individual initiative; spontaneity and reasoned plans and discipline; a visionary and inspiring awareness, yet practical actions; group consultation and consensus co-existing with leadership and organization - these are but a few of the qualities of a team which need to come together in a harmonious and balanced way if we are to attain our goal.

In the west, we are trained to view everything in a reductionist, either/or, dualistic way. Everything must be black and white, and in neat little compartments. And yet I sense - I know - that this paradigm is fatally flawed, and the success of our mission in large part rests on our ability - both as individuals and as teams - to see with the eye of oneness, to find the truth which emerges from the balanced center of the paradoxes: mind and matter, individuality and oneness, structure/discipline and spontaneity, the rigor of science and the heart place of the mystic and artist.

And so it is with the CSETI team: we must not choose, in an either/or fashion, between structure, rules and discipline versus flexibility and spontaneity - for both are required if we are to succeed. Discipline does not mean militarism; spontaneity does not mean anarchy, chaos, and New Age mushy-mindedness. Leadership does not mean dictatorship or cultism; and consensus and consultation does not abrogate the need for structure. The way of the reductionist is to choose between these seemingly conflicting qualities. The way of wisdom is to find that balance, that peace, which exists within the

paradox. This indeed is related to the enlightenment born of the greatest paradox of all: that there is oneness, there is universal mind, and yet we as individuals exist.

# **Qualities, Attributes & Code of Ethics for CSETI Researchers**

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The qualities and characteristics of the CE-5 Research and Diplomatic Team member crosses numerous categories, often thought to be paradoxical. Achieving the balance between seemingly diverse attributes is one of the great challenges of active researchers and inter-species diplomats, and is an on-going evolutionary process for us all. What follows below is a description of those qualities which are thought to be the basis for successful long-term interactions between CSETI team members and extraterrestrial peoples:

1. To be free of the prejudices, myths and fears which abound in human society regarding ETI.
2. To be completely honest in all one's actions and speech, and to possess the courage to express what one honestly sees, feels, and intuitively appreciates.
3. To experientially appreciate the oneness of the universal mind while respecting the intrinsic values of each person's unique individuality.
4. To recognize the essential oneness in consciousness of all intelligent life in the universe: One Universe-One People - the foundation of interplanetary unity.
5. To be capable of frank and respectful consultation and collaboration as a team member and yet be able to obey the will of the team and/or team leader, even if it is counter to one's personal viewpoint.
6. To embrace with enthusiasm the challenge of the unknown, and to be able to access unbounded consciousness as the refuge from all fear.
7. To be open minded to the vast array of possibilities when dealing with advanced extraterrestrial technology, mind-matter interactions, and other extraordinary manifestations of extraterrestrial civilizations.
8. To possess few beliefs, but an abundance of faith.
9. To refrain from hasty judgment and to objectively and with a pure heart observe the reality of things so that the truth may unfold, unimpeded by premature conclusions and prejudices.

10. To aspire to a multi-species perspective, always cautious of human tendencies toward anthropomorphism and ethnocentricity.
11. To grow in one's capacity as a universal citizen, diplomat and emissary to all intelligent life forms in the universe.
12. To engage in actions which will benefit the Earth, all the Earth's people and ultimately to the advancement of all life in the universe.
13. To be motivated by the spirit of altruism, minimizing to the extent possible actions based in the desire for personal gain only. This does not preclude enlightened self-interest.
14. To be trustworthy and capable of maintaining strict confidentiality when needed.
15. To balance the foresight and wisdom of a visionary with practical plans and actions.
16. To be capable of insightful assessments and analysis but to avoid distracting and fruitless speculations which are premature, unwarranted and unproductive.
17. To become an astute observer, capable of accurate observations which encompass sight, sound, smell, touch, feel and non-local consciousness.
18. To be open to remotely viewed information through consciousness but to "reality check" this with the objective world and/or other team members' experiences. That is, to value consciousness-acquired information, but to refrain from absolute acceptance as fact until such information is verified.
19. To challenge and expand one's skills and experiences and yet be aware of one's limitations and needs, thereby protecting oneself and the team from avoidable failures and setbacks.
20. To possess the courage and inner strength born of wisdom and experience of the unbounded mind, thus avoiding the false courage of an immature bravado.
21. To strive always to grow, to improve oneself and yet to be both accepting and honest about one's present state of evolution: "Know thyself & To Thine Own Self Be True".

22. To respect and accept both the oneness and diversity of one's fellow team members, humanity and other life forms in the universe.
23. To be dedicated to the course of world peace, interplanetary peace and relations, and the advancement of intelligent life in the universe.
24. To be comfortable with the unknown, with ambiguity and rapidly changing situations.
25. To be keen in making assessments but slow in forming permanent conclusions.
26. To sincerely want to do what is needed to advance the CSETI project.
27. To respect the physical body and to preserve its health and strength, so that the physical tasks of the CSETI project can be fulfilled.
28. To practice mindfulness, courtesy and appropriate behavior as a diplomat to ETI.
29. To daily practice a discipline that realizes the experience of unbounded consciousness.
30. To possess the strength of a mature individuality while avoiding the pitfalls of egotism.
31. To avoid hostile confrontations with other researchers, organizations or governments.
32. To aspire toward a model cooperation rather than competition.
33. To possess patience and perseverance in one's pursuit of an open, cooperative, peaceful and sustainable relationship between humans and extraterrestrial civilizations, recognizing that this is a multi-generational, long term project.
34. To address the charges of debunkers and detractors directly and honestly, but avoid a time and energy consuming preoccupation with them.
35. To observe and respect the inherent universal rights of all peoples, human and extraterrestrial:
  - Life
  - Self-determination
  - Liberty
  - Peaceful coexistence

- Freedom of travel in the universe
  - Freedom of association throughout the universe
  - Freedom of communication
  - Freedom of unwanted intrusion or intervention
  - Freedom of non-harmful growth and evolution
  - Freedom to acquire knowledge and education
  - Freedom to privacy
36. To document to the fullest extent possible all interactions between the CSETI team and ETI but to recognize that such efforts must be non-aggressive, mutually agreeable, and must at no time interfere with the emerging human/extraterrestrial relationship.
37. To possess the physical strength to hike 10-12 miles and assist in an emergency, with your fellow team members and/or extraterrestrial life forms.
38. To become a genuine team member, recognizing the importance of securing the safety and success of every individual member of the team, and the team as a whole. Further, to assign to the team as a whole the credit for its success and progress, possessing a sincere humility regarding one's personal contribution.
39. To be stable and yet simultaneously capable of great flexibility and change as the world, ETI and CSETI evolves.

# COMPONENTS OF A CSETI WORKING GROUP

## **Coordinator:**

- Facilitates group activities, makes decisions when necessary, functions as lead member of boarding party unless he or she assigns that role to another team member.

## **Documentation Specialist:**

- Records all activities and findings. Keeps tape recording of team members' contact names and phone numbers, car keys, etc. Continues observance while rest of group is involved in Coherent Thought Sequencing. Will be last numbered position of boarding party.

## **Equipment Specialist:**

- Gathers and mobilizes all necessary equipment on site; operates cameras (if deemed allowable)

## **Security specialist:**

- Responsible for site security; approaches any visitors or curiosity-seekers, speaks to any area landowners, law enforcement officers or others who may approach the team while engages in field work. Designates the "safe area"; facilitates care of any team member who needs assistance or requests shelter in the safe area.

Each Member: Functions as a "buddy" to one or two other team members

## **Boarding Party:**

**Purpose:** Numbers each member of the team in the event of an opportunity for an on-board experience. If the visiting ETs would say they had room for 4, we would have planned for this contingency ahead of time instead of debating who would go/stay. This is for the CSETI group's convenience. We cannot assume the ETs would follow our lead; indeed, it is up to us to follow theirs. However, humans function better when possibilities are planned for when preparing for an event of this magnitude. The first 4 numbered team members will be the first four boarding party members. Those who feel comfortable volunteering for a possible off-planet experience may begin in the first positions. Hopefully, all team members will eventually feel comfortable enough as work progresses to volunteer for the boarding party.

## **Buddy System:**

In the dark out in the open, it is better not to wander off alone. Also, if a close encounter occurs, a team member may find that they are not psychologically ready to participate. We do not want anyone left alone in such a situation. If your buddy needs to go to the safe area, you will accompany your buddy and remain with them until either they are ready to return to the group or the group adjourns for the night. Even if you depart the group only to visit the "men's or ladies' room", smoke or have a private conversation, check in and out with your buddy. In the event of a close encounter, it is vitally important that all team members be accounted for.





**TRANSCRIPT OF WORKSHOP**  
**Conducted by Steven Greer, M.D.**  
**Crestone, Colorado, November 1993**

The purpose of this whole endeavor is to establish international teams of universal ambassadors, or citizen diplomats, to extraterrestrial civilizations visiting Earth. These teams must be willing to go out and meet those ET visitors on common ground for the purpose of establishing a peaceful and sustainable relationship. In this context sustainable means long term, for our children, for our children's children, and as the Native Americans say, "for seven generations". This is the primary purpose of the research activities that the CSETI Working Groups are involved in.

Intimately related to this is the concept of raising consciousness of the whole planet to understand that:

1. WE ARE NOT ALONE IN THE UNIVERSE!
2. WE MUST COME TOGETHER AS AN INTERNATIONAL, A GLOBAL CIVILIZATION, TO ESTABLISH A LIASON WITH THESE VISITORS.

To facilitate this transformation of consciousness, CSETI is working on a multi-layered basis. We have launched a program called **Project Starlight**, which if it is successful will change the world, as we know it, within the next few years. Project Starlight is working at the very highest levels of our society to provide briefings to leaders in government and industry. By this effort, the power structure is being made aware of the facts about ET civilizations visiting Earth, in order to create a climate where a major world announcement on this subject can take place. This announcement will probably have official involvement. As you can imagine, this is a very large effort. Given the importance of this project, members of the Working Groups are going to be under the microscope. Those of you who choose to do this research work are going to be looked at increasingly to serve as leaders, locally, nationally, and internationally. This is not a small time operation. This is a very ambitious project because what we are really talking about is bringing to the world's awareness the fact that we are not alone in the universe. And furthermore, it is now time for us to come together, not as a national security or intelligence service apparatus, but rather as a world citizen's movement to try to forge a bond between us and other technologically advanced civilizations **that are visiting us already!**

This endeavor can be seen as going forward in three phases. Phase I of our CSETI project has been completed. That is:

1. The establishment of the basic working group contact protocols.

2. The constitution of the Rapid Mobilization Investigative Teams, which is a worldwide rapid activation team to go to hot spots of extraterrestrial activity.
3. The formation of CSETI working groups worldwide (they number approximately 20).
4. The creation of an initial infrastructure, our organizational network to allow these efforts to go forward.

All these activities are going on and will continue to consolidate in the future.

Phase II consists of informing both the leaders and the people the world that we are not alone, and bringing to them the definitive evidence proving that we are not alone in the universe. This phase of the CSETI project is not aimed at the UFO subculture, or the new age and other subcultures that are involved in this issue. Rather it is directed toward the broad masses of people of this planet. It will likely involve a series of increasing interactions with the extraterrestrial visitors, perhaps culminating in a seminal event (with the whole world watching) that will prove beyond the shadow of a doubt that we are not alone.

CSETI's Project Starlight is providing an organizational framework for Phase II of our program and will help prepare the world for phase III, the time when open formal relations are established with the ETs.

Phase III will not be possible until Phase II is at least partially complete. Why is this a necessary precondition? It is necessary for the world's leaders to be briefed and adequately prepared before formal contact occurs because it is CSETI's assessment that there are specific limits as to what the ETs are willing to do to promote a peaceful and sustainable relationship with Earth. It is our assessment that they are unwilling to proceed with more open relations with Earth civilization under the current conditions of general societal denial of their presence. They are unwilling to demonstrate irrefutable displays of their material presence under conditions that could be used to promote fear and conflict. For this important reason CSETI has launched Project Starlight.

From our experience during the first five years of our CSETI project, we have been led to understand that the Extraterrestrials must sense that the leaders of our planet and the man on the street are aware of their presence. Leaders and the people alike must begin to entertain thoughts about how humanity as a global civilization might interact with the extraterrestrial visitors. They are not going to land in Yankee Stadium and are probably not going to take things too much further than they have already in a formal and controlled way. No one can imagine possible events that might occur, which conceivably would compel the ETs to move forward in an uncontrolled way. These events would force into our mass consciousness the knowledge that we are being visited, but this is another matter that is difficult to assess. One might postulate a number of natural or

manmade disasters that would cause ETI to forcefully reveal their physical presence. Such scenarios all include catastrophes of such magnitude that the Earth's ability to maintain intelligent life would have to be threatened. Manmade disasters might include all out global nuclear war or an acceleration of the continuous industrial pollution that the biosphere has been forced to endure. Natural calamities might encompass a series of major Earthquakes combined with volcanic eruptions; or even worse, a large asteroid striking the planet's surface.

In terms of a controlled series of events gradually revealing the physical presence of ET visitors, it is CSETI's assessment that Phase II must successfully be completed in order for Phase III to go forward and formal and direct relations can be created. Once Phase II is a success and the Extraterrestrial presence is established firmly in the minds of the world's leadership and the man in the street, then it is clear to us that the ET civilizations involved in this planet will really entertain high level CE-5s (Close Encounters of the 5th Kind). CE-5s are these cooperative meetings that the CSETI research groups are trying to facilitate. This is a key point because right now, up to this point in time {Nov. 1994}, although we have had extraordinary success, the CSETI contact groups have never exceeded a level 2 CE-5. Let me explain what these levels are.

A Close Encounter of the 5th Kind is when humans voluntarily initiate or cooperate in an encounter (a meeting) with Extraterrestrial Biological Entities [EBEs] and/or their spacecraft.

- A **Level 1 CE-5** is when you have a fly-by situation. Where you have some type of interaction. It may be signaling or some other type of limited interaction.
- A **Level 2 CE-5** is when you have a hovering situation or a near-landing approach occurs with clear signaling back and forth.
- A **Level 3 CE-5** is when you have a landing and an ET Biological Entity has emerged.
- A **Level 4 CE-5** is when the boarding party of the contact group goes on to the craft.
- A **Level 5 CE-5** is when the boarding party departs in the ET spacecraft. It may be for an hour, a month, a year, or any length of time. We don't know how long it could be.

Now to return to our analysis of the "short range plan"... It will have to involve an announcement to the world's population that we are being visited by extraterrestrial civilizations. This would have to be affirmed by the leadership of society. These leaders are after all, looked to by the general population in order to get their sense of reality confirmed. We should remember that the overwhelming majority of people who are outward looking and do not look inward for their guidance, need to have their sense of reality affirmed by authority figures.

Completion of Phase III will therefore lay the foundation for high level CE-5s. This means levels 3, 4, and yes, even level 5, where off planet experiences will occur for the research teams. I predict that these will occur within 12 to 36 months from the completion of Phase II. In other words high-level CE-5s will not likely occur until the world's leaders and humanity are properly prepared for formal relations. Such dramatic demonstrations of our growing relationship with the ETs, with teams of CSETI researchers going off planet would be an organic part of establishing formal relations. On board meetings and off planet experiences may not only involve the Rapid Mobilization Investigative Team, but also include participation with the local working groups, in Denver, Los Angeles, or in England. Why will this be possible? It will take place because the soil of mass consciousness will have been properly prepared for these types of Close Encounters. The process we are going through I liken to making a beautiful garden. CSETI research teams need to place their activities into a broader context, to look beyond the complexities and difficulties of field work itself. Society must be able to understand and accept the extraordinary possibilities for human benefit that open contact with ET civilizations can bring. Legitimate concerns raised by the planet's leaders need to be addressed so that the results of our field work do not fall on deaf ears or on infertile soil. Our success in the field is intimately linked to that larger struggle of transmitting mass consciousness.

We need to take note of several important distinctions in this process. Phase III will not unfold all at once. It will take place in limited degrees at first. As a logical consequence of this dynamic process, during this phase the CE-5s that we experience will vary from level 3 for some working groups and all the way to level 5 for others. This process will lead to an eventual full and open contact, which can involve the exchange of knowledge and technology. I predict this part will occur after the turn of the century. I envision this process going on for generations and it will not be a one time, all at once sort of event. The initial period of formal contact between Earth and ET civilizations will by necessity unfold over an extended period of time. We are just at the beginning of this process. I can assure you that it is being watched by the highest level of both our government and the leadership of the international community. CSETI's project is something we must do with all diligence and seriousness. It must be a worldwide citizens' effort. It cannot be done by one nation in the world. The United States is impotent to carry out such a project. The Russian government can't do it either. It must be an international effort with a global perspective, outside of the narrow nationalistic concerns of just one country. Previous limited attempts to contact the Extraterrestrials have been limited and largely unsuccessful. Some of those efforts failed because they were covert and were initiated by competing governments. They have been motivated by national security concerns and one-upmanship against fellow nations. In no way were these past attempts at contacting the Extraterrestrials motivated by any sense of global responsibility. I

think in part because of CSETI's efforts this is about to change. In fact, I am quite certain it is!

One can view this aspect of our work as the "small big picture". There is a big, big picture that I envision which will take us up through the next 500,000 years. Obviously we won't have time to discuss that today. You should know that on a certain level of reality it is a done deal. This is destiny. This is the future of planet Earth - to become an interplanetary society. For those of us who want to stick our necks out there to try to make this happen, it is very important that we approach this effort with a tremendous sense of responsibility. We are all just ordinary people, each working in our own little way, but unfortunately there is no one else who is going to do this. I can tell you that the United Nations with its bureaucracy is not going to pull this off. They don't have the means or the mechanism to address this issue. This is especially true given the likelihood of major Extraterrestrial-mediated events taking place during the next decade.

There is something we in CSETI are going to have to do. Hopefully we will attract many enlightened individuals and groups to assist us. Each local CSETI Working Group will become incredibly important during the end of this Phase II process. Each Working Group, whether it is in San Diego, Miami, or in the small town of Crestone Colorado, all will have an enormous responsibility for educating the public about the great opportunities that open contact with the ETs will bring to humanity. CSETI teams may be one of the few groups with experience in this field who will be able to speak with a calm voice during a time of great change. We must acknowledge that some of the most powerful people on this planet will try to co-opt this message and turn this epochal event of open contact to their own agenda. We will be at a very critical point. Humanity will stare into the potential opportunity of making a quantum leap in the evolution of Earth civilization. That potential could however be subverted to purposes that would be extremely destructive to human collective consciousness. Instead of moving toward peace and cooperation with the Extraterrestrials we may be taken down a path of conflict, even war. This world has suffered enough from the ravages of warfare and racism to enter into another senseless conflict. So much is at stake that we must not falter. For those enlightened and caring people who gallop their steeds into this arena, your responsibility is tremendous.

This process of reaching out to the Extraterrestrials is a natural and organic evolution for Earth's culture. It allows us to move from being a solitary planet's civilization and become an interplanetary civilization. This is going to happen, and no matter how little and insignificant we may view ourselves, we are somehow becoming an instrument that will allow this transformation to happen.

This is potentially a very dangerous process. The stakes are very high. They are no less than the future of our world. The Earth is in desperate need of people who are somehow willing to take these kinds of risks. Where lie the dangers you might ask? From our experience they don't come from the Extraterrestrials. The

risks come from our fellow humans. Just ask Shari Adamiak, Working Group Coordinator from Denver, or Dr. Joseph Burkes, both of whom were with me in Mexico in 1993. During that RMIT research venture we were shaken down and robbed by the corrupt federal police. Later we were shot at by campesinos who were probably drunk in the fields at our research site. Nevertheless, it is my belief that all this effort and sacrifice that we are making in this project is being noticed by the ET civilizations that are observing this planet.

Our initiative to actively reach out to the Extraterrestrials is a major shift from the irrational human passivity (which is almost a kind of psychosis) that has gripped the world for the last 40 to 50 years. The mass consciousness of humanity has been in almost total denial about the presence of these visitors and had been utterly unwilling to play more than a passive role with the ETs. One of the things I've done as I've traveled around the world is to go to areas of very intense UFO activity. I visited Mexico, Puerto Rico, Belgium and other places during waves of sightings and one of the truly bizarre features of this phenomenon is that practically no one witnessing these craft ever thinks to go beyond passively watching them. During these waves of sightings large numbers of civilian as well as the military and the police spontaneously form groups to go out into the field to watch these ET spacecraft. Nevertheless even the so-called "UFO experts" never think to try to actively communicate with the visitors.

We have met with various UFO groups and have suggested to their investigators, "Why don't you go out and say hello to the ET spacecraft." And they said, "Well how?" I responded: "We have some ideas. They may sound very primitive, but they are the best we have right now." So I shared those ideas with them. They were truly dumbfounded! They said, "We don't know why we didn't think of these before." Their passivity, and the passivity of so many others is like a collective madness. During that wave in Belgium, SOBEPs had multiple teams in the field. The Belgian air force even let them use their control towers to look for these large silent craft that had been flying by at low altitude at night. They never waved to say "Hi!" These investigators never shined a light at the many craft which often slowly flew over the countryside during the early evening hours. They just passively watched. I said, "For God's sake, don't just stand there. Do something!"

CSETI's CE-5 Initiative then is an attempt to empower humans to do something. We can actively engage these Extraterrestrials in simple yet powerful ways. I believe that these visitors have urgently wanted us to do just that for a very long time. We humans are really just starting the process 15 seconds to midnight. This contact effort is really needed, and so we are going to do the best we can, given the very limited material resources that we have. Although we may be poor in terms of money, in terms of human resources, we are quite rich. Some of the finest, the most brilliant people on this planet are involved in this project. It is truly incredible the amount of human resources that are on line for CSETI, and are being brought to bear on this most vital issue even as I speak to you today. In

August of 1992 during a CE-5 training workshop a man inquired about our material needs. He asked, "What does CSETI really need to make this happen?" I looked at him and I got the impression he was referring to material things, like a Lear jet to fly around the world to distant research sites, or perhaps he imagined we needed a large office staff with a lot of equipment. What I said to him was this, "What we really need are 200 stable dedicated people, who are neither crackpots nor power-hungry, or stuck in the old fear-based paradigms. We need people able and willing to make an effort to see this through to its ultimate conclusion." The man looked quite surprised when he heard this. I truly hope some of you who are hearing this [reading this] will be part of those 200 people.

Now let's talk about what this project is not. Back in the Fall of 1993 someone, who was trying to form a Working Group in Virginia, distributed a letter to the CSETI network. In the letter this misguided individual stated that since it was getting cold and kind of uncomfortable outside, he and his friends had decided to just sit in front of the fireplace and try to contact astral beings. This approach I must tell you is nothing else but bullshit. Pardon my French. This is not what our CSETI contact efforts are about. We are not interested in channeling astral beings, or contacting one's dear dead grandmother with a Ouija board, or any of that kind of stuff. Now I'm not saying that some of these other parapsi experiences are impossible, I am not saying that they even might be desirable at times. After all, many of us can acknowledge that we have our own spirit guides to help us. In my own mind I have no doubt of this, but I repeat, these other endeavors are not what our project is about. This CSETI effort has a specific mission, a specific goal. There are Extraterrestrial Biological Entities (EBEs) in structured craft who admittedly are capable of an extraordinary interface with mind and consciousness. Most people don't realize it, but we are beginning to develop similar, albeit rudimentary capacities in this very same mind/consciousness interface. These EBEs are from other planetary systems. They have crashed and have died on the surface of our world. The bodies are secretly being kept by some of our fellow humans right here on Earth. Yes indeed, these ETs are very real beings. This does not mean to say that other realms don't exist or there isn't a seventh heaven. Our broad understanding of the full spectrum of reality rules out discussing these issues in an either/or mode. The question at hand is who are we trying to contact? It is clearly not astral beings that are to be channeled while roasting chestnuts inside the fireplace. CSETI is a free association. We are all free to go out and do other things if we so desire, but if so, then it will be outside of this project. It might be fun to play with Ouija boards, but then it is not to be done on CSETI time.

From my perspective, the ET visitors have come a very long distance to be here, from light years away. What I am asking is not for humanity to meet them halfway, but rather just one micro-millimeter of the way. They have made great sacrifices to get here whatever the purpose of their mission is. They have had to endure crashes and being shot at. Yes, there have been ET deaths and material losses. What CSETI is trying to do is to extend a hand of friendship and see if we

can form a common link. Our efforts are both practical and visionary, that don't lend themselves to easy categorizations which most people are comfortable with. The visionary part has to do with a new paradigm of reality that casts both the visitors and humanity into the light of universal consciousness. The practical part has to do with the diplomatic contact protocols and the acquisition of scientific knowledge about the human/extraterrestrial relationship. The hands-on approach employed by carrying out field investigations should satisfy some of the nuts-and-bolts type of UFO researchers. Nevertheless, our CSETI teams are not just sky-watch collectives, scanning the sky waiting for a sighting. Our project is a willful attempt to vector in spacecraft for the purposes of interacting with their crews to acquire real time information in a prospective manner. Our aim is to proceed from signaling at a distance, to the landing of ET craft with the possibility of having boarding teams go on those craft. This is where we are actually headed.

In Mexico, at the base of Popocatepetl Volcano, a large silent craft approached our team within less than half a mile. It turned on a forward array of lights in a simulated landing. As that triangular shaped spacecraft carried out its mock landing my knuckles turned white. The next day one member of the team contemplated what he had just experienced with tears of joy in his eyes. Imagine being there, out on an 8,000 foot high plain and seeing an enormous craft, clearly maneuvering, going out of its way, coming towards us, descending and signaling all the while. It could have landed there, right in the field in front of us. Although it did not, it came very close. This is historic and the implications for all of us on Earth are immense. It's true the steps taken so far are few in a long journey; nevertheless we are on our way. They may be baby steps right now, but it is my hope that soon we will be taking quantum leaps forward in this contact process during the months and years to come.

For those of you who are considering joining a CSETI CE-5 Working Group, I ask that you in addition take on the responsibility of becoming an educator. Not only to teach people in your local area about this project, but also to be willing to disseminate the results of our research to the whole world. Please keep in mind that the UFO field is full of much misinformation, disinformation, mythology and falsehoods. Also keep in mind that people in the UFO community are often the ones who are most confused about ETI. Sadly, the longer they have been in the field, the more false ideas they have acquired. It is so ironic, that John Q. Public in Peoria often has more insight into this subject than most of the UFO experts. Why is that so? It's true because the UFO community for the last 20 to 40 years has been the specific target of one of the most virulent types of disinformation campaigns that the world has ever seen. For this reason, among others, the UFO experts have been infected with the most illogical and outlandish notions, far more than John Q. Public. Then UFO groups have attempted to get close to the truth and for that reason they have been targeted.

CSETI and its allies are going to have to be responsible voices of reason and truth in this field because there are so many people out there who are purveying



ideas of the most terrifying nature. These bizarre notions are uniformly false and demonstrably so. Speaking out for the truth is urgently needed and is part of our social responsibility as researchers in this field. We after all are not carrying out this project in a vacuum. Our fellow humans deserve to hear the truth. This is especially important because knowing the truth will likely facilitate the evolution of this planet.

At a recent UFO meeting that I attended, there was a discussion of what is regretfully designated as “alien cattle mutilations”. The facile tendency is to label the phenomenon such because it appears to be something gruesome. It is ergo a sign of malevolence. Well, as the song goes from Porgy and Bess, “It Ain’t Necessarily So”. You see I happen to prefer not to eat meat, and what I find curious about this situation is that those people, who scream the loudest about these dissections, overwhelmingly eat meat 3 times a day. I somehow just don’t get it. There is a big time disconnect here! What I believe is going on is that people are confusing their own emotional reaction with what could be possible motives that the Extraterrestrials might have in carrying out farm animal dissections. It is important not to confuse the two, our emotional reactions with possible ET motives.

When encountering an entirely different culture for the first time, with different customs, morés, and different ethics, it is important not to impose our ethnocentric judgments on alleged actions by the Extraterrestrials. Imposing one’s own ethnocentric judgments on their alleged actions is the error that the white skinned Europeans committed when they encountered indigenous people in North America and Africa. These peoples of color had different customs, forms of social organization, and therefore were labeled as evil. This went so far that during the 17<sup>th</sup> and 18<sup>th</sup> centuries Europeans officially, by Church and Crown, did not even consider these indigenous peoples to be human. Since they didn’t have a soul according to this ethnocentric judgment, it could be rationalized to conquer tribal people and place them into slavery. In the case of Native Americans in this country, their near total extermination was similarly justified. We should be very careful that we don’t make the same kind of mistakes as we begin to interact with extraterrestrial peoples. We must not misinterpret the actions of civilizations that have evolved on planets under very different circumstances. These ET civilizations are likely to have very different sociological and ethical values compared to what we are accustomed to. If we make the mistake of approaching the Extraterrestrials with prejudice as we have done so often in approaching different cultures in the past, I know it will be a very big mistake. Much bigger than the mistakes we have made when dealing with each other. So we have to be careful about this and be very deliberate and diligent in not jumping to conclusions.

Now the second question comes up from time to time, how do I know these things to be true? Has CSETI collectively, or Dr. Steven Greer individually, received any direct messages about the Extraterrestrials’ intentions concerning

Earth? Some of the families of potential researchers ask this question because of their concerns about their loved one's safety. I'm sure every CSETI field investigator, every Working Group member has thought about it at least once. After all, people have asked whether we are just going out on the assumption that the universe is safe and wise, or have we received specific messages confirming the visitors' good intentions. It is reasonable to ask whether CSETI has received some kind of direct communication. I personally have no doubt that the visitors have peaceful intent. I base that on my direct personal experiences which although they have great meaning for me, would not be particularly helpful in convincing others of their importance. Since I was the only non-extraterrestrial present during these encounters, I don't relish speaking about them in public. Without others to corroborate these personal experiences, discussing them openly would only give debunkers an opportunity to label me a liar or worse a lunatic. In terms of the CSETI Close Encounters of the Fifth Kind Initiative, our research is based on the assumption, and I underline here the word assumption, that the visitors are non-hostile and are approachable.

Just looking at this question from the objective point of view, there is considerable evidence to support this assertion of non-hostility. We need not look to some high strangeness component of my personal history for a complete explanation. I'm sure many of you would like to know what a good country doctor from North Carolina like myself is doing here discussing the human-ET relationship and the momentous upcoming events that I have foreseen. My personal story is really not so important. Of course, it has a lot of meaning for me and my family, but to publicly discuss it in detail, runs the risk of focusing too much attention on the messenger, in this case myself, rather than on the important message of how we are going to proceed with this next stage of human development on Earth. Somewhat later I will describe some of my initial interactions with extraterrestrial intelligence as they pertain to the development of the contact modality we call Coherent Thought Sequencing.

Within ufological circles there is considerable disagreement with CSETI's assumption of non-hostility. The very same people who affirm that ET visitors have been observing planet Earth for centuries, if not for millennia, raise all kinds of alarmist concerns about ETI's intentions. If the Extraterrestrials truly wanted to eat us for lunch, I can tell you without a doubt that their meal would have been a lot easier to secure and probably a lot tastier if they had dined on us 500 years ago. Way back then we didn't have nuclear weapons, and our bodies were not polluted with industrial toxins. We didn't have high performance aircraft armed with missiles that now would surely interfere with the big round up of humans before ET could chow down on us. Contrary to those who describe the ET-human relationship within the confines of an imagined criminal act, you know who I'm talking about, the alien abductionists, and their promoters in the tabloid press, CSETI affirms that there is not one scintilla of credible evidence that the Extraterrestrials carry hostile intentions towards this planet or its people. I repeat, not one scintilla!

Now there is plenty of evidence that some people have had close encounters with Extraterrestrials and were certainly frightened by the experience, but that is something quite different than proving ET hostility towards humanity. As a doctor I scare the hell out of every two-year old in whose ear I have to look with an otoscope. Their being frightened does not mean that I am going to eat them, although they might think I will. In considering this situation where Extraterrestrials are visiting our planet and we do not yet understand exactly what is going on, I believe that we should be as non-anthropomorphic as possible.

On the other hand there is strong evidence that the ETs are monitoring our capacities for malevolence. All our nuclear bases have been subjected to over flights of ET craft in the past, and continue to be so in the present. Not long ago I spoke to a US colonel who told me in confidence that the appearance of ET craft over nuclear weapons storage facilities and nuclear waste dumps had become so commonplace that they hardly bother to even file reports on the sightings. He confided that they now only report spectacular occurrences. In addition the Extraterrestrials have exhibited concern for unstable geologic formations on the Earth's surface, as evidenced by frequent sightings of spacecraft over areas of seismic and volcanic activity. CSETI Rapid Mobilization Investigative Teams have used this ET proclivity to operate in volcanic zones to study their activity at the Popocatepetl Volcano outside of Mexico City. (Please see that report.) ETs visiting Earth have also demonstrated concerns over geopolitical trends. The Belgium wave of 1989, 90, and 91, extending into early 1992, was likely driven by the great political transformations occurring during those years. These changes included the falling of the Berlin Wall, and the breakup of the former Soviet Union. We should not forget that NATO is headquartered in Brussels. Belgium is also the home of the European Parliament. As that community of nations is drawing together, what better place could the ETs find to express their concerns about a changing political landscape? This point was not missed by many officials in NATO. I can tell you this from conversations I have had at a very high level.

As this brief review shows, there is no evidence indicating they have hostile concerns towards us. The record does show on the contrary that they have great concerns about our capabilities to engage in hostile and destructive acts. You would have to be brain dead not to see that we have exterminated an estimated 100 million people through warfare in this century alone. In spite of improved relations with the Russians, we still have thousands of nuclear weapons that can easily be made launch ready for atomic warfare. If used, they could conceivably render Earth a non-viable planet. These capabilities in combination with our space exploration efforts would raise the eyebrows of any intelligent species, if of course they have eyebrows. CSETI affirms that the evidence, just the objective linear evidence, indicates that the ET concerns are focused on our tendencies to do harm rather than exhibiting hostile intentions towards us.

This of course doesn't mean that people haven't had experiences with the Extraterrestrials which frighten them, but their subjective reactions are very different from proving the ET's activities are driven by malevolent intentions. People are constantly confusing their perceptions of an ET action with the ET motivations driving those actions. This kind of confusion is the stuff that historic tragedies are made of. Wars are fought as a result of confusing perceptions of actions with motivations behind them. On a more personal level, this is the stuff that marriages break up over. We must become aware of this kind of dangerous error when analyzing the phenomenon of ET civilizations visiting Earth.

It is my assessment based on my personal experiences that the Extraterrestrials are quite aware that we are at one of the most pivotal points in the Earth's history. **This may be the most crucial moment in all of Earth's history, of any time**, of any historic epoch, including both pre-recorded and recorded history. We are at the point where we are finally entering into an era of global civilization – a time when we will either destroy this planet, or will enter into a peaceful era that will last millennia. For the Extraterrestrials this must be a most interesting time to be observing our civilization. It is also a very opportune time to introduce the people of Earth to the fact that we are not alone in the universe. We have some growing up to do. We will have to come out of the adolescence we are now in and enter into some kind of young adulthood. This maturation process is necessary so that we can begin to enter into an interplanetary community that is waiting for us. From this analysis we can understand why the ETs have such an intense interest in us at this stage of our development. I must point out that during this transition phase, there will be tremendous risks as well as opportunities. As this fractious or divided civilization that we are currently in begins to crumble, and we move to a sustainable global civilization, tremendous geopolitical problems will appear. We live in a time of enormous difficulties, of environmental pollution, genocidal wars, of continued international arms race and of famine and pandemics of disease. It is CSETI's assessment that in the advent of a worst-case scenario, where global annihilation was threatened by either manmade or natural catastrophe, some kind of direct extraterrestrial intervention would occur. Now this statement has certainly caused many to raise their eyebrows in doubt. After all, given the history of the 20th century with the increasing tempo of destructive warfare, how bad would it have to get before ET intervened?

This question came up in a lecture I gave in Los Angeles several years ago. There were a number of Japanese in the audience, and one woman was from Hiroshima. God bless her! She stood up and asked that if the Extraterrestrials had the capability of intervening, why didn't they do so over the skies of Hiroshima? Her question touched me personally because my father had fought in the Pacific during World War II and I knew how destructive the bombing was. I told her that it was a terrible thing, the destruction of Hiroshima and other cities. I said that although the devastation was tremendous, it was not of sufficient

magnitude that it threatened the Earth's survivability as a host planet for intelligent life forms. On the other hand, even more terrible events than the nuclear destruction of Japanese cities, events that would threaten the Earth's survivability, such disasters would, in my opinion, prompt a large scale worldwide intervention by the Extraterrestrials. In my opinion the likelihood of such an intervention is in the probability range of 70 to 80% in the next 10 to 20 years.

I am the first to agree that this estimate concerning possible global calamities is highly speculative, and I certainly can't prove it. Neither can I use my own personal contact experiences with the Extraterrestrials to prove CSETI's assessment that the visitors are approachable and non-hostile. I find the best way to address this issue in public is to simply state that there is no evidence to strongly suggest, let alone prove, that the ETs are hostile. For those people who are attached to a dualistic, conflict oriented view of the universe (which is a paradigm that will die really soon), I suggest that there may be possibly one or two ET groups out there that don't have humanity's best interests at heart. I give the devil's advocates their due and I suggest that major conflict could occur between humanity and those bad news ETs. I must immediately add to that scenario that those bad news ETs would be the very ones who I would want to meet first. This is a very shocking thing for conflict oriented UFO researchers to hear. They don't understand that the whole purpose of diplomacy is to open up a dialogue with those who you feel are approaching you on a conflict-laden path.

An analogy to our dealings with the Soviets during the Cold War may be helpful here. The United States engaged in strategic arms control limitation talks with the Soviets for many years. We attempted to limit the nuclear arms race and reduce the risk of fighting a nuclear war with the Soviets through negotiations. We did not negotiate with the French or the British in a similar manner during those years even though these nations possess hundreds of nuclear weapons capable of destroying any nation on Earth. No such involved arms control talks were necessary because the British and French are perceived by us as friendly, whereas the Soviets were thought of as potential adversaries if not as outright enemies. The point is a simple one; meetings, dialogue, and negotiations are even more necessary to conduct with those who you perceive as being potentially harmful, with those who threaten you. For this reason if there are dangerous ET groups out there visiting Earth, then we should take every possible opportunity to engage them in dialogue, so as to possibly avoid more serious conflict in the future. The CSETI citizens' diplomatic initiative to establish contact with any and all extraterrestrial civilizations visiting our planet is an attempt to achieve just such a peaceful rapprochement.

Whether you are of the view that some ET's are positive or some are negative, the path of wisdom is to assume non-hostility until you can evaluate the situation thoroughly. Reaching conclusions about the Extraterrestrials prematurely is fraught with danger. We must remember that we are dealing with races of intelligent beings who have evolved on different star systems. They undoubtedly

have different customs, languages, and morés compared to us, and very likely compared to each other. To avoid unnecessary conflict when addressing a process this important, we are required to assume the visitors are non-hostile, and we should continue doing so until proven otherwise beyond a shadow of a doubt. Only by taking this course can we avoid conflicts with the Extraterrestrials in situations where conflict need not take place. Our attempt at establishing open bilateral communication we believe is a necessary precondition for a more open, peaceful and mutually beneficial relationship. This is after all what the CSETI project is about.

For all these reasons The Center for the Study of Extraterrestrial Intelligence assiduously avoids the sort of polarized discussion that splits the ETs into “good guys and bad guys”. I must tell you I find it equally distasteful in listening to those who view the ETs as some kind of universal saviors who are supposed to solve all our problems on planet Earth. I think it is just as co-dependent and dysfunctional to view the Extraterrestrial as Darth Vader, as it is to view ET as some kind of Jesus Christ in a spaceship. After all, there really is no evidence to suggest either stereotype is true.

Humanity, as one of many conscious and intelligent species in the universe, have as much dignity and rank as any other race of sentient beings in the universe. This is true even though we may not be as advanced socially or technologically as other civilizations. We have the ability to enter into a very conscious and deliberate relationship with the Extraterrestrials. We need no prior authorization to engage in contacting ETI in a lawful, rational and peaceful manner. Carrying out this task is our birthright.

On a number of occasions during my lectures and workshops on this subject, members of the audience have asked how many different types of ET species are interacting with us at this time. From my personal knowledge, there are at least three or four different phenotypes out there. Some people claim that there are as many as 75 different ET civilizations interacting with us. I have no evidence to prove or disprove that the number is that large. Interestingly there is a report from a retired US military officer about a briefing document prepared for NATO in the 1960s with the designation “Cosmic Top Secret”. In this paper it was reportedly concluded that the UFO phenomenon represented interplanetary spacecraft and that they were occupied by different cooperating civilizations that were four in number. Retired Army Sergeant Major Robert O. Dean has described reading this document.

Contrary to the mythology so prevalent in the UFO subculture, these different ET groups are not divided into “good guys and bad guys”. They are working together in a comprehensive and coordinated manner. My God, if we have a United Nations which allows us to work together in a number of limited ways on Earth, surely civilizations that are advanced enough to cross interstellar space have an

interplanetary council to coordinate contact efforts with emerging civilizations like our own.

I've also been asked the question, "What are the physical appearances of these different ET groups?" I can tell you one is very human looking and we could be first cousins to that phenotype. Another group appears short, bald with large heads, large eyes. In CSETI we try to avoid terms like "Greys", I feel it is a racist appellation. Also reported is another group of Extraterrestrials that is intermediate in appearance between the two groups described. They stand perhaps five feet in height. They have almost no hair. Another group of Extraterrestrial Biological Entities are said to be quite large and nearly totally black. There are other reports of different species, one appearing human and about 7 to 8 feet tall, but these reports are more idiosyncratic. In summary, there is good evidence to show there are multiple phenotypes who, in all likelihood, have evolved on different planetary systems. Now of course I don't think anyone knows for certain how many races of Extraterrestrials are visiting Earth, but it is important to note that the most credible reports, and that is those which have multiple witnesses associated with CE-4s, have described multiple races working together aboard craft. Two cases of this more credible kind, which immediately come to mind, are the John Salter case and the Travis Walton case. We will discuss these reports of on board experiences a bit later. In both of them, not only were different species of ETs observed aboard the same craft, but they were definitely working together cooperatively. In addition, during our field investigations, CSETI researchers with remote viewing capacity have "seen" inside spacecraft and noted different phenotypes on board. Some CSETI investigators have reported different types of ET beings during bilocation experiences, which is an out-of-body parapsychological type of experience.

The facts simply do not support the notion that different ET groups are working at cross-purposes. Credible reports from the UFO literature plus the growing body of knowledge from CSETI's investigations shatter the myth promoted by the UFO subculture that there are diverse ET groups out there zooming around in our atmosphere with all kinds of different agendas. Just from a common sense point of view, it would be highly irrational for advanced civilizations not to work together on a planet like Earth, which is itself merging, into a global civilization. From my experience I believe that the probability of their not coordinating their efforts seems to me to be close to zero. Of course the cowboys and Indians approach, promoted by sectors of the UFO subculture, emphasizes conflict rather than cooperation. This conflict not only predominates between the humans and the Extraterrestrials, but also supposedly between the ETs themselves.

I hope these remarks have helped explain the general philosophy behind our CSETI project. Unfortunately we have discovered that people have broadly misinterpreted our policy of assuming non-hostility as something that puts us into the category of being a contactee cult. Those cults can be characterized as co-dependent groups that think and behave as if the Extraterrestrials were Jesus

Christ in a flying saucer. CSETI affirms that it is our responsibility, the responsibility of the entire human race to empower ourselves to solve the terrible problems we face on this planet. Solutions to problems like hunger, war and global pollution are the result of decisions we have made. We will have to take decisive actions to correct them and not look to the Extraterrestrials to do it for us.

CSETI realizes that the lack of accurate information and analysis on this subject has prevented humanity from understanding what our true place is in the universe. Humankind is one of many races of conscious and intelligent beings. The knowledge that humanity is not alone, that the ET visitors are approachable and, in our assessment, are waiting for us to reach out to them, this all could have a revolutionary effect on the mass consciousness of our planet's peoples. The false consciousness that divides us, man against man, man against woman, race against race, nation against nation, class against class, religion against religion, might more appropriately appear as foolishness, if we stopped collectively denying that we are not alone in the universe. The diversity that exists here on Earth will seem insignificant compared to the tremendous diversity that exists in our galaxy. Building cooperation and unity on Earth is a necessary precondition for joining a larger family of extraterrestrial civilizations. When this is fully understood by humanity, the social and political pressure for us to find solutions to our conflicts will increase exponentially. It is our hope that acknowledging the extraterrestrial presence here will allow humanity to understand the possible benefits to our culture that would be accrued by learning from them and allowing them to more openly learn about us. This realization could set the stage for tremendous cultural, technological and yes even spiritual advancement here on Earth. To hide our heads in the sand, and deny the growing human-ET relationship, or worse, to ridicule in an attempt to silence those who responsibly announce their presence, only prevents badly needed progress on our planet.

People speak of Close Encounters of the Fourth Kind, where humans go aboard ET craft, and mislabel the phenomenon as the so-called "alien abduction experience". These stories which have been the topic of all too many sensationalized books, movies, TV programs, are supposed to be evidence proving the malevolence of extraterrestrial intelligence. On the contrary, such reports say more about how we react to strange experiences and our willingness to assume malevolence than they provide useful information about the extraterrestrial-human relationship. "Alien abduction" researchers tend to view that relationship totally within the confines of what they assume is a proven criminal act. Their database is so poor that a careful analysis indicates that these reports and their conclusions are **simply not credible**. As the computer expression bluntly states, "garbage in, garbage out!" We in CSETI, on the other hand, have collected testimony demonstrating that there is a tremendous amount of bias in the collection of these types of reported experiences. This bias unfortunately includes the silencing of those individual experiencers who have an



opinion different from the prevailing, so called experts of the “alien abduction experience”. This is very worrisome. It is unethical, but it is what CSETI has been observing in the so called “alien abduction experience field”.

The question has been asked, what about the harmful physical effects some people have reported when they find themselves too close to an ET spacecraft? In one case that occurred near Houston, a family reported serious physical harm as the result of being too close to a flying saucer. If one examines, however, the specifics of that case, that craft was more likely an out-of-control experimental type vehicle which was attended by multiple military helicopters. I think it was a nuclear powered experimental craft that was not extraterrestrial in origin but rather quite human. It was apparently not functioning well and probably was putting out dangerous radiation. It flew very close to the victims of the exposure. I think that this case has been totally misunderstood in the UFO field. In a different occurrence from Canada in 1967, a man got too close to a spacecraft and received a rectangular burn on his chest. This is not evidence of hostility from the visitors. If one were to stand behind the thruster engines of a 747 readying to take off, a very unwise activity I’m sure you would agree, what do you think would happen? You would probably get blown from here to smithereens. Such an untimely demise would not occur because the pilot was hostile and trying to blow you away. It could simply be said you were definitely at the wrong place at the wrong time, and accidents do happen. To extrapolate from these types of cases from the UFO literature to prove some kind of ET malevolence, is total nonsense. The CSETI contact protocols address these kinds of dangers with detailed safety procedures which we will discuss somewhat later.

In answering the broad question of how dangerous it is to attempt to go on board ET spacecraft in this CSETI project, I would like to offer the following response. First of all this endeavor is not for the faint of heart. It is not for people who always like to play it safe in life. It is not for those who want guarantees that there will never be any risk or harm. For those fearful individuals, I suggest that they should stay home at night. It is very important that we be honest and recognize that we are dealing with a certain amount that we know, but there is a whole lot that we don’t know in this phenomenon of ETI. I would be very dishonest if I were to say that there are no risks attendant in trying to do this project.

My experience as CSETI Director for the last 5 years would indicate that all the risks we have faced and continue to face come from humans. I repeat, not from the Extraterrestrials but rather from our fellow human beings. We have been very close to these ET craft on a number of occasions. None of us have been intentionally frightened by ETI. None of us have been injured. If the risks from ETs were serious, we certainly could have been hurt, but we were not. Instead, we have been shot at by humans. We have been shaken down and robbed by corrupt police in foreign countries. These unhappy experiences that we have endured are very real and they are all coming from the human domain. In my

opinion the human domain is where your big risks are going to come from if you attempt to do this kind of contact work.

Taking this considerable experience into account, when it comes to vectoring in spacecraft for a landing and facilitating an on board meeting, we should acknowledge there are many unknown aspects to this activity. It is after all not something that is done by everyone every day. Given the existence of unknowns there is the potential for injury. I believe that the likelihood of injury is small. As a responsible individual, as an ER doctor and father of 4 young children, I wouldn't be organizing groups of researchers to do this if I thought the risks were great. If it were just me engaging in an activity, that would be a different story. I consider myself a risk taker and even if there were great danger I might engage in an activity. We must acknowledge that we always face a certain amount of ambiguity and uncertainty in the CSETI Close Encounters of the Fifth Kind Initiative. After all, the phenomenon we are studying, ET civilizations visiting Earth, involves many strange and confusing aspects. It goes with the territory. The search for knowledge in the face of many contradictions and inconsistencies at times makes the work frustrating and uncertain, but it also fills us with a great sense of excitement and wonder.

Let's return to the Travis Walton case. He was a logger who in 1976 was part of a forest clearing team working in the national forest near Snowflake, Arizona. While driving out of the forest one night the entire crew encountered a brilliantly lit disc-shaped UFO that was hovering near the road. The driver stopped the truck and they were all dumbfounded. Travis got out of the vehicle and approached the craft alone. He very unwisely went right up to the object and apparently was hit by an electrical energy field that knocked him several feet in the air. His friends panicked and sped off in the truck without attempting to help him. They soon returned to the site only to find Travis Walton was gone. He was found 5 days later, somewhat shaken, and he only remembered 20 minutes of the 5 days he was missing.

The truth of this story is that he was not harmed on the craft. He was taken around and given a tour. At one point he was allowed to pilot the craft briefly. The movie "Fire in the Sky", which purported to tell his story, presented a 100% falsehood about the Walton experience aboard that vessel. If you want to know how he really described it, I suggest you read his original book. Let me offer you an analysis on what I believe **probably** happened. I am an Emergency Room physician, and I will draw upon my expertise in trauma medicine in my assessment of what likely occurred during those 5 days. What happened to him when he was struck by the energy field, I believe, has been widely misinterpreted. This is a case study in how humans jump to the wrong negative conclusions. This strong tendency to jump to conclusions can cause major problems for us in understanding the phenomenon of extraterrestrial intelligence visiting Earth.

First of all let's backtrack a bit. I have spoken to people in the defense and aerospace industries who indicate that ET craft routinely generate in the order of megawatts of electrical energy. Noted scientist Jacques Vallee in his book "Confrontations" came to the same conclusion based on his investigations. In short these vehicles are incredibly powerful with the energy output approximating that of a nuclear power station. We should remember that Travis Walton without warning got out of the truck and immediately positioned himself underneath the ET craft that was hovering in the woods. The weather was described as very damp with mist in the air. I believe what struck him was not some kind of energy beam weapon as portrayed in the movie "Fire in the Sky", but rather an electrostatic discharge of immense strength. It likely arced through his body that was grounded to the moist forest floor, and then traveled up to the underside of the craft. It hit him in the left shoulder area and knocked him back some 15 feet or so. This event probably caused his heart to go into cardiac arrest. He probably experienced ventricular fibrillation, a fatal arrhythmia. This typically happens when anyone gets electrocuted. I suspect his injury was a completely inadvertent event and not a malevolent attack as shown by the movie "Fire in the Sky".

If you read the details of the case and talk to Travis Walton as I have, then you will find that my explanation fits the facts of the case better than anything else. His friends took off in their truck and left him. They thought he had been killed or at least very seriously injured. So what did the ETs do? They took him on board and they treated his injuries. Travis Walton was missing for 5 days. Keep that number 5 days in mind. As an Emergency physician I have taken care of people struck by lightning or who have been electrocuted while doing electrical work. The standard procedure is to put such patients in the coronary care unit where the heart is closely monitored. When such injuries occur, invariably the electrical force enters one part of the body and exits through another part. As it travels, the current damages skeletal muscle and other tissues. The damaged muscle tissue is then flushed out of the body by the kidneys. If the injury is severe as was very likely in the Walton case, the kidneys get clogged up and the patient goes into acute renal failure. If this condition is not aggressively treated by flushing the kidneys, the renal failure becomes permanent and the patient dies. How long do such patients usually require in the hospital for cardiac monitoring, treatment with large amounts of fluids and for checking their renal function? That's right, about 5 days. Of course I can't prove this is what transpired in the Travis Walton case, but it fits the facts a lot more than the doom and gloom scenario described in "Fire in the Sky". This explanation is more plausible than the notion that the evil ETs somehow picked on this poor little guy, zapped him with an energy beam, frightened the hell out of him for 5 days, and then dumped him, non compos mentis, by his home town. More likely it was an inadvertent electrical discharge that fibrillated his heart. He was taken on board, stabilized for 5 days and then mercifully returned. He was physically healthy and fine after that.

Instead of knowing the true story, the public perception of this incident is that the evil aliens came down from space, targeted this hapless victim, blasted him with

a high tech weapon and then abducted him. The bizarre torture sequences so gruesomely depicted in the movie "Fire in the Sky" seemed to have been taken from Dante's "Inferno", human entrails and mucous dripping everywhere. Travis Walton recounts a very different story of what took place on board. In fact, his only conscious negative experience occurred just as he first regained consciousness. He immediately grabbed a glass-like object and tried to attack the short EBEs (extraterrestrial biological entities). He admits that he was the one who took aggressive action. He was subsequently restrained and when he calmed down, the ETs literally took him on a tour of the ship. Apparently they docked with another ship and he encountered some very human looking people as well as the short Extraterrestrials who were very kind to him. They let him move around the craft and even let him sit in a kind of navigator's chair and maneuver the craft. He has said that the experience was like an epiphany. Of course if you watch the film "Fire in the Sky" you don't get to see portrayed any of what Travis Walton actually described of his on board experience. Had he put the true story into the movie, I think it would have been more honest and successful. Instead it bombed at the box office because it was filled with misrepresentations and lies. The story was completely turned around by the UFO community. They would want us to believe that the evil aliens zapped him for no good reason and then tortured him. On the contrary, I suspect that they saved his life!

I think this is an example of the facile tendency towards fear and xenophobia, which has infected this field for some time. This tendency has gotten us in deep trouble, almost to the point of no return. It is so dangerous because people are going off half-cocked after reaching fear-based conclusions. They are not reasonably analyzing what has been happening. The result of this mind set is that we could start down the road to conflict between Earth and the ET visitors. Such a tragic path would be the result of believing in misrepresentations and distortions of what could be very benign events. Unfortunately those interested in UFOs are not getting the facts. This is why I earlier explained that the man from Peoria in some ways has more accurate information on this subject than the people in the inner circle of the UFO subculture. Thank goodness the general public is not being bombarded with lies and half-truths as the denizens of the UFO ghetto are.

Other CSETI members have suggested that "Fire in the Sky" bombed in the box office because the public intuitively rejected the outrageously negative and inaccurate portrayal of Travis Walton's encounter with the Extraterrestrials. I'm not so sure this is true for reasons I will explain in a minute. Walton and the film's writer Tracey Tormé, admit that the on board sequences were a complete Hollywood fabrication to sensationalize the story. Supposedly the producers of the film exerted pressure to change it because there were already number of positive portrayals of the Extraterrestrials on film and they calculated that another upbeat story would not sell. So instead, they chose a frightening script. It's basically the "Friday the Thirteenth" factor creeping into this. Let's face it, fear sells. So much so, that the commercial media will readily abandon any sense of

social responsibility to educate the public on this important subject in order to make a quick buck. The fact that extraterrestrial civilizations are visiting Earth at this time may be ushering humanity into a new historic era. An event of such magnitude demands resisting the usual commercial pressures. An event of this importance requires us to exercise caution and not jump to conclusions based on misrepresentations of the facts. Unfortunately neither the UFO subculture nor its allies in Hollywood have demonstrated such wisdom and restraint. The result of their irresponsibility may be disastrous in its impact on our mass consciousness - a consciousness which is being warped by fear-based distortions, which do not accurately reflect the unfolding human-ET relationship. Let me give you a personal example of how distressing this irresponsible approach can be.

My sister is your average Southern housewife with three kids, a split-level house, and a mini-van. She is also a devout fundamentalist Christian. When she first heard about this CSETI project, she was initially hopeful about its chances for success. She thought our work was quite visionary and she was personally very supportive of my efforts. Well then she saw the first part of "The Intruders", a frightening made-for-TV movie about "alien abductions". This fear mongering vehicle - also produced by Tracey Tormé - included scenes of aliens interacting with humans and looked like a kind of violent sexual assault. Well that was it for my sister. Pronto she became good and scared. That TV movie shut her down to any idea that we could somehow have a positive relationship with the Extraterrestrials. After seeing "The Intruders", she now thinks that the ETs are agents of Satan and that they are going to eat us for lunch. Those kinds of Hollywood writers and producers who are putting this sort of misinformation out into the collective consciousness of humanity are not seriously thinking about what they are doing. They should carefully consider if what they are conveying to the audience is true or not.

In contrast to the "alien abduction experience" as it is promoted by the UFO ghetto and tabloid journalists, the cases with the most credibility are almost completely lacking in these types of experience. These less negative accounts of human-ET interactions have greater evidential strength by virtue of certain important characteristics. They involve multiple witnesses of the events described. These accounts are also recalled spontaneously without the bias introduced by the hypnotic regression technique so much favored by the alien abductionists. Unfortunately these more positive accounts of human encounters with Extraterrestrials, some of which may involve medical cures or other beneficial physiological effects, are not being conveyed to the public. This situation exists partially because the more sensationalized and titillating stories feed the public's appetite for horror stories. We should remember only a relatively small number of viewers saw the movie "Gandhi", far fewer than the millions who pay to regularly see Freddie Krueger's continuing reign of terror campaign in "The Nightmare on Elm Street".

CSETI researchers and their supporters need to have an independent analysis that is both objective and visionary. At the same time, only by an independent research and analysis of the data can we avoid being swept up in the kind of hysteria and foolishness which passes for science.

In any political campaign the bottom line is that fear sells. Unfortunately most people respond more to fear, than they do to peace and love. Fear sells books and scripts for movies. It sells out workshops at UFO meetings. In carrying out our educational campaign, we must do so with our eyes open. We must acknowledge that much of what is being promoted within our culture about the presence of extraterrestrial intelligence has corrupted people to the point where open relations with the ET visitors will be more difficult to achieve. At some point we must ask whose interests are served by this corruption and misinformation. I suspect that question will lead us to identifying more powerful forces than just some irresponsible section of the mass media. Perhaps we can discuss this point at a later time.

All this discussion of the fear factor relates in a practical sense to preparation for field work. Our success in meeting with the Extraterrestrials to a large extent will depend on our ability to overcome fear. Only then will we be open to identifying opportunities that can promote a positive and cooperative relationship with the Extraterrestrials. Can I tell you that if we go out into the field and a craft lands that there will be no possibility of a bad outcome? The answer to that question is an emphatic no! I can't promise you that, I don't think anyone can. We can take specific measures to minimize the risks of a bad outcome. As we have shown from the previous discussion, most harmful experiences have occurred when someone unwisely has gone up to these craft when they should not have gone. Our contact protocols have specific safety features built into them to minimize risk. Let me share a specific example with you from the July 1992 CSETI Rapid Mobilization Investigative Team's research in England. Please review that report included in this kit.

During that research mission we interacted with a large 100 to 150 foot sized disc shaped ETS, which came into the field where our team was positioned. It had a dome and counterclockwise rotating lights and at its closest approach it was about 400 yards away. There were 4 of us in the wheat field who witnessed the event and there was one other observer on a hill at a distance. This craft was undoubtedly of extraterrestrial origin. It hovered silently ten feet above the ground in the same wheat field that we were in. We signaled at it with our lights and it came closer. Unfortunately, two of our people decompensated psychologically. They were not shouting in terror but they were very frightened. One was a PhD. psychologist who went into a near state of shock. She thought she really had it together but she was obviously mistaken. It was a perfectly positive experience, but for her and one other member of the team, it was just more than they could handle.

The next day I gave a briefing at the farmhouse in Alton Barnes where we had based our investigation. Word of what happened had spread quickly and there were about 50 people in attendance. We should remember that what had taken place the previous night was a world-class event. Some of the top UFO and crop circle researchers in England were present. One of the more experienced researchers in that community raised his hand and asked the question, "Why in hell didn't you just run through the bloody field and try to grab that thing and try to climb on board?" Incredibly this individual was dead serious. My first reaction was to laugh at him, but I was able to contain myself. I said, "Why would we like to do something like that?" At that moment we had what CSETI calls "lock-on" with the Extraterrestrials. We were locked on to them; they were locked on to us. We were signaling to them in an intelligible sequence and they were responding back with flashes of light in the same pattern. Thus we had established the fact that simple communication was going on. They were moving towards us. If they had wanted to come within 10 feet of us, they could have done it. If they had wanted to transport us on board, they could have done that as well. I'm sure through technology assisted consciousness, which they are quite skilled in using, they knew that 2 members of our team were decomensating emotionally. It would have been quite inappropriate for the ET craft to come closer under those circumstances. I told that British researcher that if we had run towards that ET craft, we could have put ourselves and the ETs in a very dangerous situation. First of all we could have been physically injured, because we don't know what their equivalents of 747 thruster engines are for these spacecraft. I don't know what the safety specifications of their engines are. No one else on Earth knows what they are either. We should point out that the disc was still maneuvering with its propulsion system clearly on. Approaching it up close at that point would have been very risky.

Second of all the object was at the edge of the field just past where there was a big drop off into a canal. We only learned of the existence of that canal the following day. By charging down there in the misty darkness of the English night, we would have plunged into the water. We could have sustained serious injury or even could have drowned. I tried to explain all this to my English colleague. The way he spoke he must have thought we were nuts to be that close to an extraterrestrial vehicle and not to have knocked heaven and Earth out of the way to get on board. I said to him and the others at the press conference that CSETI is a voluntary cooperative project trying to build mutual trust with the Extraterrestrials. How would it look to the Extraterrestrials if a whole group of people came running towards them screaming and yelling and trying to grab on to their craft. It would have looked like some kind of scene from the first Indiana Jones movie when he has to fight off the headhunters to escape in a hydroplane. In that critical contact situation, with us charging the ETs as my colleague suggested, they might be tempted to shoot us and certainly they would have to take off fast to avoid a totally uncontrolled situation. In either case it would have been a fiasco in terms of citizens' diplomacy.

To avoid such failures our contact protocols are very specific. Our Working Groups are very disciplined about this. If there is a craft approaching at low altitude, you stay put! You signal, you send mentally an image to where they could land that would be safe, and you invite them to come as close as it is appropriate and safe for them to do. We ask them to come no further than is safe for all parties. And if it only goes to the point where only a limited interaction transpires, like signaling at a distance, as in this 1993 England RMIT research venture, you are going to have to be happy only with that measure of contact. They get to make these kinds of decisions. As in this case, the ETs determined the proximity of their approach. We don't get to choose how close they get. The analogy that I like to use is that our relationship with them during field work is like dancing. We are dancing together with the Extraterrestrials, but they are the lead dancer. They know their technology, we don't. They know our biological systems better than we know theirs. We have to just trust our more experienced ET dance partners to smoothly lead us through the contact ballet we are co-creating.

So from this analysis one can understand why there are a considerable number of safety precautions that we must observe. Another precaution is that we do not attempt during a high level close encounter - that is where face to face interactions take place, **we do not, under any circumstances, touch one of these beings**. Why is this necessary? They know the biohazards of physical contact better than we do. If they initiate the contact physically that is OK, but we don't initiate it. We have to understand that they have been observing us for longer and much more closely than any of us have observed them. They know if there are any bacterial or viral biohazards from that kind of close contact, we don't know the risks. Moreover they have a very different bone and organ structure than we have. Now to them I'm a 200-pound primate with very hard bones. Some of these ET species have cartilaginous skulls that are almost soft. They have very fragile bone structures. If we went up to them and said, "Oh we are so excited to see you", and then gave one a big hug, it could be fatal to a little ET. We have to exercise not only decorum, but also self-restraint and let them lead the process because they have observed us more often than we have observed them. It is safe to say we should take our cues from them. Our CSETI project is a cooperative effort but, I repeat, we should let them be the leading partner in this dance. This is just common sense, but as I say in the Emergency Room where I work, "The least common thing in the world is common sense". Whether it is Travis Walton running up underneath a craft or in the Canadian case where he got burnt by touching the craft, unwise practices can cause injury. We can avoid such risk by using common sense and appropriate restraint and allow the Extraterrestrials to indicate when it is safe to approach them and touch them.

Members in the audience have asked why the subjects of "alien abductions" have problems with remembering their close encounters. If the Extraterrestrials are so interested in contact why do they apparently create blocks to our memory? Obviously there is much about this phenomenon that we don't



understand, and personally I don't believe there are memory problems. But when it comes to the notion that abductions are taking place, first of all, **I have to state that I don't think there has ever been an abduction.** Yes people are taken on board spacecraft without necessarily giving conscious prior permission, but that is not an abduction. An abduction is a violent criminal act. This label "alien abduction" shows us how very important the language is that we use to describe the phenomenon of extraterrestrial intelligence and its interactions with humanity. The language we use is more reflective of ourselves than what is actually happening. The terms "abduction" and "cattle mutilation" are both misnomers.

The reports of livestock animals that were being dissected under strange and inexplicable circumstances first started appearing in the 1970s. Some of the incidents were associated with sightings of UFOs. The incisions on the animal carcasses demonstrated the use of sophisticated dissection techniques possibly involving laser-like technology. Since the initial reports, tabloid journalists and UFO investigators have bombarded us with the point of view that these dissections are cruel cattle mutilations, presumably carried out by diabolical aliens. Whether or not the ETs are involved in all the dissections, it has never been clearly established. If they were truly responsible for some of the dissections, alternative interpretations of their actions indicating positive or benign Extraterrestrial motivations are almost never discussed.

Many of the tissues surgically removed in these incidents have rapid rates of cellular growth. These include parts of the animals containing the gastrointestinal tract or sex organs. These rapidly growing cell lines make them ideal for studying the effects of toxins. Let's assume that the Extraterrestrials were involved in such occurrences but their actions were motivated by a desire to monitor the effects of environmental pollutants on mammalian tissues. The damage at the cellular level caused by such toxins could be studied from dissections of livestock. The tissue samples harvested from dissected animals could then be studied in extraterrestrial laboratories. This more benign explanation, which I personally believe fits the facts better than the bizarre fantasy that it represents some cruel diabolical ET plot to torture and mutilate hapless farm animals, is never mentioned by the tabloids and "mutilation" researchers. It must be remembered that the Lancet, a respected British medical journal, published an article several years ago describing the fact that in the last 50 years all over the world, the sperm count in human males has decreased by about 50%. If this were the result of environmental damage, either from toxins or radiation, and if the ETs wanted to study such injury in other mammals, say farm animals, they just might carry out such investigative dissections to obtain tissue for lab analysis. I would like to point out that many of these reports come from New Mexico and Colorado, from a region where nuclear weapons have been developed and tested. Instead of describing these occurrences as precise surgical dissections likely obtained for some kind of scientific analysis, instead they are being touted as an additional proof of the evil intentions of the Extraterrestrials.

Let's face it; mutilations are in the eye of the beholder. As an ER doctor I get to take care of mutilations all the time, and they are human against human, and they are ugly. I've had people in the ER with their entire intestines up on their chests from knife fights and I have seen other gruesome injuries inflicted on assault victims. So if you want to see mutilations you don't have to go to cattle ranches to examine dissections that the Extraterrestrials might be doing, just go to any big city and check out the carnage we have to endure from clear-cut human aggression. The subjective factor here is overriding. I personally am a vegetarian [editor's note: Dr. Greer stopped being a vegetarian several years later, due to the need for protein for his body building program]. I prefer not to eat meat from animals and I don't particularly like the idea of how they are slaughtered en masse. From my personal point of view, the daily killing of hundreds of thousands of domestic animals in slaughterhouses is more of a mutilation and desecration of life than the surgical harvesting of a few animal organs in isolated rural locations around our country. But this is just one man's subjective reaction. My personal feeling about the slaughter of livestock says more about me than it does about how we obtain food on this planet. Nor does it explain anything about evil intentions of humanity. From this you can understand why the term "mutilation" is a misnomer. It is a term created by unprofessional alarmist and hysterical people, who don't understand what they are looking at. They have coined terms and then parlayed them into a sort of subculture of terror.

Now the term "abduction" is another thing. By the way, it isn't true that most people who have had close encounters of the 4th kind don't remember their experiences. There are a large number of people who consciously recall the entire encounter in detail without hypnosis. Of course many of these experiences do not fit into the negative paradigm and mindset of the "alien abduction experience" researchers. These cases, which have included remarkable healings and other positive physiologic effects, would understandably not be highly publicized by those promoting alien abductions as the focus of Extraterrestrials' interactions with humanity. If these positive or at least neutral experiences have been described at all by the abductionists, they are explained away by the term "screen memories". Well remember as I stated before, "Fear sells!" Those who decry their alleged sufferings at the hands of ET get the most publicity. As the old expression explains, "the squeaky wheel gets the most oil".

Society in general has not realized that Extraterrestrial Intelligence with advanced technology is currently visiting our planet. For many people, inside and outside of the government, someone claiming any ET contact experience is to be treated to a heavy dose of ridicule. Those individuals with what may be neutral or even beneficial interactions with the ET visitors would understandably not be eager to seek publicity and openly discuss their personal experience given the risk of loss of social standing that might occur with extraterrestrial contact revealed. This might be especially true because of the way human-ET

interactions have been sensationalized by a fear based UFO subculture and tabloid journalists.

Up until recently, in my travels around the world I have found the so-called alien abduction experience is a uniquely American phenomenon. I have talked to the leadership of SOBEPS, the respected UFO research group in Belgium. During the wave from 1989 to early 1992 SOBEPS recorded over 3000 sightings at close range. Massive silent ET craft silently moved across the landscape at an altitude of less than 300 feet. How many ET abductions do you think they had in their case files? There were none! The same thing was true in Mexico. It is so fascinating that in America at UFO meetings almost every other person you meet has been snatched out of their bedrooms, raped by an Extraterrestrial and has a baby floating around in space. Isn't it funny that the ETs are only interested in the sperm and ova from North Americans? As a physician I would really like to know what makes our reproductive juices so special?

At some point we will have to get honest about this. The hypnotic regression technique, which is being used to elicit many of these wild stories, is fatally flawed in terms of introducing bias. During hypnosis the subject is placed in a highly suggestible state to supposedly enhance memory, unfortunately the tendency to fantasize and confabulate are also enhanced. In the hands of "alien abduction" researchers, many of whom are not licensed physicians or Ph.D. clinical psychologists, the temptation to lead the witness to their own preconceived notions becomes irresistible. Let's face it; there is a wannabe factor here. There is a sociological faddism here. There is a cult of victimhood here, where unstable individuals without much ego strength can find an identity which allows them to be part of a self-styled oppressed group that seeks "justice". The American addiction to TV talk shows also is a factor. Individuals who would never be the focus of public attention, once they "remember" under hypnosis, that they were "abducted" by the ETs, then they too can find their 15 minutes of fame beneath the glare of television floodlights. This whole spectacle is very disturbing to see because so much of this stuff is hype and hyperbole and embellishment and wannabes, and just plain hysteria.

Unfortunately Americans are very susceptible to this kind of faddish hysteria that we get whipped up into all too often. At some point one has to step back and say, "Wait a minute!" What are the assumptions we are making in the language we are using to describe this phenomenon? What are the assumptions we are making in the case files that are being bandied about as if they were true? Most of these accounts have no other corroborating witnesses or additional supporting evidence. Now I am not saying that no one has been taken on board. No I'm not saying that at all. What I am saying is that about 90% of the cases you are hearing about in the "alien abduction field" are being simply spun out of thin air or they are misunderstandings of other types of anomalous experiences or covert human psycho-electronic events. What could these other types of experiences be? Some of them are near death experiences, out-of-body experiences,

poltergeist phenomena and interactions with astral beings. A whole plethora of other parapsychological or spiritual experiences are being gathered together and plunked into this one cubicle called “abductions”. This is a very unscientific and messy situation. We are going to have to be very careful with the conclusions we try to make from the “alien abductions” database, which in my opinion is fatally flawed. We should remember that hypnotic regression is no truth serum. There is overwhelming evidence that confabulation and fantasy building goes on during hypnosis. Of course, once a belief is instilled in the subject that this hypnotically induced fantasy is memory, that material will be recalled as if it were actual experience.

Without mentioning the specific names of the individuals, I would like to share with you a personal experience that I had with a person whose experience became part of the “alien abduction” database. I met a woman identified as a principal subject of a very famous book written on “abductions”. She came up to me at a conference and inappropriately yanked up her skirt in front of God and everyone at the meeting and she showed me her belly. She proceeded to point out a section of her skin, which she stated could prove that the Extraterrestrials had stuck needles in her to take ova out of the ovaries. What she showed me was nothing more than a cherry hemangioma. This is a very common finding on skin, which consists of a little outcropping of small blood vessels or capillaries. If we all took off our clothing I bet I could find one on everybody. In addition to not proving her claim of assault, the location of her hemangioma was in completely the wrong place to extract any ova. I said to her, “My dear, I’m sorry to have to tell you this but that is a simple cherry hemangioma and it is not in the right place anyway where a needle extraction would have happened”. Now remember that this individual was one of those who had been written up and discussed extensively in the UFO literature. This case was part of the babies floating in space brigade. Boy, I can tell you this conversation took place a couple of years ago when I was sort of a novice in this field. Remember I wasn’t heavily involved with the UFO community until the end of 1990 almost 1991. I soon realized that this sort of nonsense was being used to construct the database to purvey these wild abductionist beliefs to the public as truth.

The Center for the Study of Extraterrestrial Intelligence is attempting to establish a citizens’ diplomatic initiative with any and all Extraterrestrials who are visiting Earth at this time. We take this mission very seriously and we are inviting our fellow human beings to join us to start considering ways that we can positively interact with advanced ET civilizations. For those who are interested in the UFO phenomenon, we ask that they consider the consequences of starting our relationship with the ET visitors by assuming that we are the victims of their alleged transgressions. Telling each other scary stories in the dark, selling sensationalized books that are distortions of the facts, assuming evil intentions, when there is no little credible evidence proving the ETs are harming us, these misguided activities can only lead to unnecessary conflict. They lead us away from the possibility of building a mutually beneficial, open and direct relationship

between our civilization and theirs. This issue is so important that it demands we go forward in a sober and responsible manner. The truth is, we know very little about the Extraterrestrials. They have evolved on different star systems from ours. They are likely to be an incredibly diverse group of cultures with different customs, ethical and religious systems. For us to assume that they are victimizing us, when we know so little about them, is not only ethnocentric and xenophobic in the extreme, but it likely rules out any possible benefit we might derive from knowing them. When we openly meet them for the first time, we will already be addressing them in a conflict mode.

Let's face it - our planet is in trouble. Global environmental disaster from increasing industrial pollution is threatening all life on Earth. Continued armed conflict and the preparation for war are wasting tremendous amounts of human resources that could be used to improve life on our planet instead of destroying life here. The Extraterrestrials have expressed an interest in us, they are here and it is likely they have been here for some time. In spite of whatever difficulties we have in communicating directly with the ETs, CSETI asserts that as conscious intelligent beings we potentially have more to share with each other than that which divides us. Given this perspective, common sense dictates that we should not rule out the distinct possibility that the Extraterrestrials are capable of offering us some possible assistance in the future, or they might not only be able to offer assistance, but they might be very willing to point the way to solutions to many problems that we face. This doesn't mean that they will turn our world into paradise with a stroke of a magic wand. We will still have to find our own solutions to the problems we have created for ourselves. Nevertheless, the knowledge that advanced civilizations have survived to the point where interstellar travel is possible for them has great significance. It means that they likely have passed through the violent and conflict oriented period of development that we are now going through. In other words, spiritual, moral, and ethical development is likely to accompany technological advancement if a culture does not self-destruct soon after the creation of nuclear and other advanced energy systems. Our greatest danger is that in this current historic period, our capabilities to harm ourselves (and others like the ETs), with advanced weaponry, have surpassed our ability to control our self-destructive ways. If we are to survive, as a civilization, as a race of intelligent beings, then our ethical, moral, and spiritual development will have to catch up with our predilection for making war and threatening nature with industrial pollution. Just the knowledge, that other non-terrestrial cultures were able to safely pass through their equivalent of the terrible times in which we now find ourselves, would be a great inspiration for us. The Extraterrestrials' success in traveling through the galaxy and learning to work cooperatively with other star faring peoples would serve as a great encouragement to all those progressive thinking people who are trying to save our planet. **If they can make it to the stars and not destroy themselves, then so can we!**

We should remember that all language reflects consciousness. The words we use encapsulate our consciousness. Words are powerful because they shape how we will think and act. If the only words we use to describe the human-extraterrestrial relationship are negative, fear based and xenophobic, words like “abduction” and “mutilations”, then we will not even be able to perceive, let alone take advantage of, whatever opportunities that might present themselves to us for establishing a mutually beneficial, open and direct relationship with the Extraterrestrials. So we have to be very careful as to what words we use to describe this phenomenon. This is especially so when we speak to the public. Once the awareness of ET civilizations visiting Earth becomes more a part of the mass consciousness, as the message breaks out of the UFO subculture and we start breaking into the mainstream culture, the need to handle this subject in a responsible way will increase exponentially. It may not be long before this theme will be leaving the inside pages of the National Enquirer to arrive on the front pages of the New York Times. We must be very careful in selecting the words we use, not only in terms of maintaining our credibility but also in terms of fulfilling our social responsibility. It is not only important that we speak the truth that we can verify, but also that we do so in a way that does not cause unnecessary and unwarranted panic and alarm. In my opinion those dealing with this subject have not shown enough social consciousness and enough social responsibility.

Perhaps the planet Earth is like the Titanic before the iceberg was hit. What if an ET craft materialized above that doomed vessel and removed several passengers and then later returned them. Let us assume that the ETs gave a warning of an impending encounter with an iceberg. Once returned to the Titanic, the passengers would probably give warning to the others that a catastrophe was about to take place. If such a human-ET interaction occurred on the Titanic, would that experience be an abduction, or a prelude to a possible rescue? It certainly could serve to get the captain’s attention about the risks of icebergs. He might take action to save himself and the ship. Our planet is in trouble as the result of our actions. Every day thousands of species of plants and animals are threatened with extinction by our unenlightened destructive ways. We threaten not only ourselves but the welfare of unborn generations of children who will inherit at best, a wounded planet. Can we truly afford to jump to negative conclusions about the ET visitors before all the evidence is in? Is it not more reasonable to attempt to communicate and meet with them directly as CSETI has started to do, rather than just tell each other scary stories about what we imagine are their evil intentions? Can we afford to hate and fear them because they appear different from us and we do not understand their ways? I hope humanity will ponder these questions carefully.

How did the whole CSETI concept come about? Boy, that’s a story I’m not sure that I can go into today in total, but let me say that my experiences in this area date back many years. Those events that occurred when I was about age 18 showed me that human initiated contact with Extraterrestrial Intelligence was quite possible and that it would only go forward using an expanded view of

reality. Such a project would include nuts and bolts type technology but would have to go beyond such material based technology and involve what we call consciousness or mind. Over the years the idea was formulated that we would need to develop teams of people to contact the Extraterrestrials, these teams became our CSETI Working Groups. A worldwide network has been established to carry out initial communication with the visitors. This process needs to go on in every region of our planet where mature, highly functional teams can begin to forge open and positive relationships with extraterrestrial civilizations visiting Earth. This matter is urgent and we cannot afford to waste any more time.

What CSETI is proposing is something very different. We are organizing trained and disciplined groups of people who trust each other as a result of working and bonding together. A team is better able to go out there and meet the unknown having the security of fellow humans along with them. The team members of course are to be quite diverse, with each individual bringing his/her specialized skills, while at the same time there is a sharing of skills and function in the training process so that any member can carry out any necessary task during field work. This is what a real team means. The development of team consciousness is really important. The concept of bonding together as a group, rather than just being a collection of individuals, is a very powerful idea. In my work facilitating the formation of dozens of CSETI research teams, I can tell you that this team concept has been the hardest thing to convey to working groups in formation. We have to realize that when it comes to contacting Extraterrestrial Intelligence, the amateur hour has come to an end. It is time that we function like professionals. Professionalism in this regard means the full development of the team concept. Now you will notice in the activities of any team, whether it be a sports team or Emergency Room staff, or what-have-you, that the more the team is unified and experienced together, the more its work flows from a kind of group consciousness. The more its guidance is intuitive, based on what has worked in the past, the more successful that team will be. This is true in the corporate world. It is true in a family, with a wife, husband and children. It is true wherever more than one human being works together with another. Unity based on cooperation and a common past experience is the key to the success of the team's efforts. From this unified team concept it's clear that I'm talking about more than just throwing together a handful of people at night to shine lights in the sky. It is about building a team through both sacrifice and cooperation and using a specific set of techniques to vector in a spacecraft to the point of a landing.

In order to be a successful team, each member will have to put the ego factor somewhat aside and work for the common good. I understand that this is asking a lot from volunteer people, but it is something that we have to do. You know the worst disasters in Emergency Medicine that I have seen have been the result of some jackass doctor who thinks he can do everything. Who considers the nurses and X-ray people and pulmonary technicians as just stupid drones that only exist to serve his needs? I can tell you that such a doctor working in emergency situations can kill a lot of people. In terms of having team skills, someone like me

who works in an emergency room has an advantage in understanding the team concept because so much of what we do in the hospital is dependent upon teamwork. It's not surprising from our experience working in teams that many of the CSETI Working Group members are in health care professions. In my experience as a trauma doctor you may find yourself in very desperate situations. Not long ago a child who was run over by a car presented to our ER. It was a terribly tragic case but we were able to save the child. Granted the physician is at the head of the team, but the doctor must continuously rely on the nurses, what they are seeing, what they are hearing, what their assessments are. With X-ray technicians, laboratory workers you may have as many as 12 people working together as a team. In one room they are all cooperatively working over the child to save a life. If you can't work as a team in this kind of situation, it's going to be chaos and the child is going to die.

Team effort is absolutely necessary not only to attract the Extraterrestrials to a site, but also to keep them there once they arrive. If the extraterrestrial spacecraft crews who are monitoring your activities out in the field sense you are a bunch of discombobulated primates running around the site, they are not going to come anywhere near you. Your work will be finished. You might as well go home and try to regroup when you are able to function like a real team. This is why it is very important that this team concept is well understood by all. This doesn't mean that there is no leadership in the team. Each CSETI Working Group is to have a coordinator. We use the term coordinator rather than leader, because coordinate is really what we want that individual to do - to coordinate the efforts of the team. Now when high-level contact is imminent, the coordinator is going to have to lead. In other words take charge of the group and not operate by discussion or consensus, which are the usual methods of coordinating a CSETI CE-5 Working Group. When craft are coming in you can't have 5 to 10 people debating as to what will be the next course of action and who is going to do what next. Under those conditions of a high level CE-5, there needs to be someone who can be responsible and say, "Now let's do this!" To the extent it is possible, the model we want to try and build within the Working Group is working together in a coordinated fashion by relying on consensus.

Now with this said, each member in the team will have a specialized function. In addition to the coordinator, each team must have members with the following roles. First are the boarding party members. These are rank ordered numbered people. Each member of the boarding party is to receive a number for that night which will determine whether they board first, second, third, etc., right down the line. Now if that sounds a bit obsessively compulsive, please let me explain why this is necessary.

Let's say that everyone in the audience decides to do field work tonight. Now that means there are 20 of us out on the research site. A craft comes in over the mountain, it hovers and then at a distance of 200 feet from the group it lands in a field. There is a clear cut boarding opportunity. Now is that the time for members



to start arguing among themselves saying things like, "Now tonight it's my turn to board first, you were designated first the last time!" This kind of monkey mind stuff has got to stop, before it starts. We cannot behave in this unprofessional manner. For this reason the coordinator, or the assistant coordinator, designates rank boarding order. The first four people to board are your "communicators". The coordinator may or may not be one of them (but usually the coordinator is). They are designated primary communicator, secondary communicator and so on. The communication should include both verbal and nonverbal communication - nonverbal here meaning consciousness-assisted communication. Your communicators are chosen among those who have the highest skills both in verbal communication and parapsychological communication techniques. This is obviously necessary because the whole idea of doing this project is to communicate. The communicators are ranked, 1st, 2nd, 3rd, etc. so that they all don't try to communicate at once. If the primary communicator is unsuccessful in establishing a dialogue, or for whatever reason becomes incapacitated, then the secondary communicator takes over. If the second is unsuccessful then the third takes charge. The attempts at communication are to be carried out orderly and in a sequential manner. The reason we create this structure is because we need a fail-safe backup system.

Now you might ask "how do we document the encounter?" If say you have seven people in the group, the boarding team member number seven, the last one, is designated as the documentation person. The individual and his/her assistants will video tape, audio tape (or digitally record on video and audio), take still photos, and in every way document the encounter. Ideally if an on board experience does take place, you would have one documentation person staying behind to film the departure, and another one on the craft to cover the off planet experience. If the entire team goes aboard, then you have to be prepared to leave cameras and tape recorders behind on the hood of the car. This is to ensure if you don't come back for a few days the documentation will be there on site for others to find.

Each investigator is required to have a microcassette tape or digital recorder on site to document what is going on minute to minute. The reason for this is you would be amazed the amount of detail that one forgets unless continuous real time documentation is being done. Unless you are dictating into the recorder as events are unfolding, the human mind will forget so much of what has transpired. When there is a great deal going on, we suggest you simply put a blank tape into one of the recorders and let it record continuously. If you could listen to the continuous recordings that we made during our high-level CE-5 in England in 1992, even when we were not able to film the event, I believe you would find them quite compelling as evidence of what had occurred. It is not uncommon for cameras to fail during these events; we had problems with filming the Close Encounter we had in Mexico in 1993. Whether such problems are the inadvertent effect of these crafts' energy systems or deliberate jamming of the cameras, I don't know. As a result of this kind of difficulty, we strongly suggest continuous

audio recording be made when highly interactive events start happening. In addition we are asking that working groups which have very close encounters submit reports to the CSETI office. It doesn't have to be a very elaborate thing. At one time we attempted to have very detailed questionnaires filled out but it was too much. Just please send us a report of what happened. If you are unable to film the objects, please include a drawing.

To review the different functions so far covered, you have the Working Group Coordinator and an assistant coordinator. You have your 4 communicators. You have your boarding party members, each in rank order. You have preferably more than one documentation specialist and of course they should be the ones most proficient in using the cameras. There are other functions. Having a site security person is important at some locations. At the RMIT level, we have repeatedly experienced human intruders coming into these sites. A designated security person can be very helpful in dealing with intrusions. Other types of functions include an equipment person who can keep operational all the lights, radio transmitters, video equipment, etc. This is so you don't arrive out on the site and suddenly discover that your light or CB radio batteries are dead. All these specialized assignments indicate just how seriously we take this project and carrying them all out properly obviously requires some considerable degree of internal discipline.

With all this said about specialization of functions, each member of the team should be able to do some if not all the other jobs required during field work. The roles are to be somewhat interchangeable. The coordinator's position may have to fall to someone else, if the coordinator becomes incapacitated. The documentation person may be shaking so much when the craft arrive that a camera can't be held steady, therefore there must be other people on site who know how to operate the video and other cameras. In each group there needs to be what we call cross training. We ask that Working Group members practice doing all the functions involved in field work.

Another thing we ask people to do is have buddies. This concept evolved soon after we started the project when we realized that it is not a good idea to let people wander around the site and not be accounted for. So we recommended that people pair off or go out in threes, so group members' physical and emotional states out in the field will be loosely monitored by co-workers. The buddy must be aware of his partner(s) situation at all times. The buddies are accountable for each other. If your buddy becomes incapacitated, or cannot go any further in terms of a high level CE-5, we designate a safe area at each site where that person can go to calm down. If your buddy has to go to the safe area, you must go with him. We have to be humane to each other and realize that some people could become extremely emotional during these close encounters, especially if they have not seen them happen before. If someone becomes unglued, it's time to go to the designated safe area with your buddy. These logistics are incorporated in all field investigations and those of you who go out

with us tonight will see them demonstrated. The buddy system helps create an internal sense of security. People should feel that they have someone who they can talk to who is their buddy. In larger training exercises like the one we had in Arizona in March of 1993 with over 70 trainees, we actually had professional counselors for the whole group, but the buddy system was always functioning. It was important to have additional support there because we had one or two people who became particularly anxiety ridden during the first few nights that we went out. Let's face it, our work is done at night, in isolated locations, and some people get spooked in the dark. It sounds somewhat childish, but some people are truly scared of the dark. So a Working Group has to take care of this internal business prior to or just upon arrival at the research site. Only then can the actual field investigation proceed.

Some people have questioned whether we really need a security person. At the local Working Group level this is much less a problem. The local site is chosen with security parameters well in mind to minimize the risk of problems. (Please see Shari Adamiak's review of Working Group procedures) At the level of the Rapid Mobilization Investigative Team (RMIT) however, the CSETI team is going into a less well-known or possibly even totally unknown location. Its research site is selected on the basis of being where a wave of sightings is going on.

The presence of an RMIT in association with high extraterrestrial activity will likely attract attention. For example, if you read the RMIT report from Alton Barnes England, the summer of 1992, we had there no fewer than 50 intruders the first night. On subsequent nights we had everything from contract CIA agents and MI-5 agents to tabloid journalists breaking into the site, which by the way was on private land. Under these types of conditions, believe me, you will need a site security person. In England that year, the farmer who graciously had given us permission to use his land, provided us with security people who circumnavigated the perimeter to protect the site. I know this all sounds ridiculous, but even with the patrols forming a line of defense, we had intruders breaking into the group. In that particular investigation we had major problems to a large extent because our plans to go there had been leaked out to the media in advance of our arrival. What resulted was a feeding frenzy of interest concerning our activities from the local population, and from the tabloid media and from the crop circle enthusiasts. It really was a very difficult situation to try and vector in spacecraft. Our research site was simply not secure.

Those security breaches were the reason why, in my opinion, our major encounter with a near landing took place during a rainstorm. The rain drove off all those intruders, and only then did the over 100 foot in diameter, disc shaped craft come in. I strongly suspect that the storm was artificially created by the ET craft to allow the encounter to occur as it did. I know this may sound strange to some of you who may not be familiar with CSETI's experience in the CE-5 Initiative, but dramatic changes in weather do occur in association with high level Close Encounters of the Fifth Kind. This phenomenon is only one aspect of many

unusual occurrences described by the term “high strangeness”, that is a regular part of the ET contact experience. In the CSETI field reports from other investigations you can read of sudden temperature changes, or rapid clearing of clouds that precede interactive experiences with extraterrestrial spacecraft. For this reason I believe that rainstorm in England in 1993 was engineered by the ETs in order to facilitate the Close Encounter that we had. It was amazingly choreographed.

For local Working Groups based in large cities like Denver or Los Angeles, a number of special security difficulties are present. Personally, I don't think you have a serious research site unless you are at least a one-hour's driving distance out of the major metropolitan area. The reason why this is so, is because you are too close to areas of population and heavy air traffic to allow a high level CE-5. Now granted in Central Park you could have one ET craft quickly fly over, hover briefly, then signal and rapidly take off. That is adequate for perhaps an initial training site, but when you are talking about developing the team competence to get to the point of an actual landing, you need a site that is truly secure. Keep in mind that we are responsible for providing security not only for our team, but also for the Extraterrestrials who are our guests. If we have not done our homework, and we vector them on to a site where they are blind-sided, and a very unfortunate occurrence takes place, then we are responsible for that. We have to take this very seriously.

Don't think that disasters have not happened. We have interviewed an individual who has described an incident which happened at McGuire Air Force Base in 1978. An Extraterrestrial Biological Entity was encountered outside a spacecraft in a US nuclear weapons storage area. The EBE was reported to have been shot and killed by base security forces. I repeat, we have interviewed the person who claims to have been there and saw it. There are people all over the world who if they see an ET craft, the first thing they will do is get a weapon and start shooting at them. We have reviewed case after case like this. One specific example was personally told to me in confidence by a man who worked for the State Department. He described how when he was growing up on a farm in Georgia, one of these disc shaped ET craft came over and landed in a field behind his house. His father's reaction was to run and immediately get his shotgun and to repeatedly shoot at the flying disc. The sites we select therefore must be secure both for our team and for the ET visitors. Remember, we are inviting them! Finding the ideal site is of course almost impossible. It would have to be remote from population centers and accessible to the Working Group at the same time. It would have to be in a region away from military installations for security reasons, while at the same time located in areas where ET craft are frequently sighted, which of course includes military bases and nuclear power plants. The perfect site can never be found. A research site that is remote enough to be secure is not going to be readily accessible to the Working Group. Therefore, Working Groups must balance these diverse parameters and go through the painstaking process of searching for sites, assessing their utility through field investigations.

CSETI research teams may have to go through a series of sites, working them up and often having to abandon them when problems ensue, as they often do. (For more useful information on this site selection please see Shari Adamiak's article.)

Let me give you an example from the initial attempts by CSETI to employ these techniques in Western North Carolina back in 1991. We were able to vector a spacecraft into the area, but we were unknowingly operating in the ground radar approach path for Asheville Airport. The craft approached the site initially but then traveled over a hillside into the Eastern Tennessee area. Night after night the object carried out this maneuver, and we asked ourselves, "Why is it doing this?" Later I went to the FAA tower in Asheville and found out that we were attempting to vector the Extraterrestrials directly into the path of the ground approach landing radar for the regional airport. The evasive maneuver of the ET craft made sense because the object was repeatedly flying into a radar blackout area where three adjacent city airports had no overlapping radar coverage.

The craft was apparently going to a more remote location where it could not be detected. I believe that this repeated maneuver was their way of telling us to find a research site with better security for them. Back in 1991 we were in kindergarten, now CSETI is in something like high school in terms of experience. Nevertheless we continue to learn from this growing experience. In other words these guidelines are not set in stone.

I would like to remind you that conventional radar uses computers to pick up objects with certain very specific flight characteristics. Craft moving faster than a certain speed are screened out; if an object is hovering, it too won't appear on the screen. Spacecraft coming in at 5000 miles per hour and then coming to a dead stop would not likely appear on conventional radar. If however you are talking about the deep space radar network based in Cheyenne Mountain Colorado, it's a whole different ball game. They can pick up objects in deep space the size of a screwdriver. I have spoken to a US intelligence officer who reported being in a room where "category 52", which is code for ET spacecraft, are tracked at NORAD. He told me it's done at console 88, if you ever want to go in there and find it. I am told that at one point they detected an artificial craft in deep space that was 26 miles in diameter.

Other straightforward considerations in doing field work are things like weather conditions with great caution concerning possible exposure to lightning. Being able to keep your vehicles nearby is also very helpful. If you can't keep the cars near to your site, you will need to take along battery packs. The equipment you are going to use will be dependent to a great extent on how much money the group is willing to spend. You could spend \$100,000 on equipment if you had it and wanted to, but the basic stuff that you will need is very inexpensive.

The most important part of these contact protocols is the question, why are you out there doing this work? The answer to that question lies in the heart place. Your true motivations are the most important aspect of this work. This is transcendent. This is the major issue in whether or not you will have a successful attempt to establish contact. Let us remember that other people have attempted to do this. I have spoken to national security operatives who told me in confidence that they have attempted to do what CSETI is doing and they have not been successful. One man in particular asked me why I thought they had failed. I told him that his lack of success was because he had the wrong motives. I went on to say, "You have been driven by national security and technological acquisition motives which are not in keeping with universal principles." Those principles have to do with building relations that are mutually beneficial, cooperative, and therefore sustainable. This is a key point. I'm not saying we have to be so idealistic here; on the contrary it is a very practical point. If any extraterrestrial civilization senses that the motives animating any given working group are selfish and greedy, then things are not going to happen.

Let's assume that a group wants to get a picture to sell to the National Enquirer for \$50,000, or perhaps wants to capture a piece of their technology to back engineer it, patent it and then sell it for millions; well these kinds of motives are just non-viable. The ETs are not going to play ball with that kind of a team. How would the Extraterrestrials know what your motives are? Oh, I think that is very easily discerned. Before they make extensive contact with a group, they are going to carefully monitor what that group is really all about. This can be done by the ETs with both conventional and non-conventional means. (For a more detailed review of how the Extraterrestrials can interact with human consciousness please review articles III and IV from the monograph.) Doing this contact work from the heart, for the very pure intent of establishing contact is the key to success. Remember, we are trying to develop a mutual and sustainable relationship between human and other intelligent life forms. This should be the motivating purpose for this project. If one's efforts are grounded in mundane purposes, they will generate very mundane results. Other civilian groups have wanted to get very close to these objects to get the scoop on ET technology. They have all failed miserably. On 100 outings they have not had the success that CSETI has achieved in one RMIT activation. It is because the CSETI teams are motivated to do this work for the right reasons. This should be obvious and make sense to people.

Getting back to the national security operative who had tried to make contact and had failed, I told him he was attempting to make contact with the Extraterrestrials for the wrong reasons. I said, "I see that you are in a box, and your box is national security. Until you begin to view this as a global phenomenon, and not a national one, you will not be successful." Beyond this we have to realize that there is no basis for a long-term relationship if it is based on universal acquisition of someone else's technology. It is a very crass and inappropriate motive, although it may be driven by some desire to benefit mankind with that advanced

ET technology. Let's use some common sense. If the first thing you do to your new neighbor is to go to his place and try to get something from him, this is a poor basis to start a relationship. It doesn't matter if you are talking to your neighbor or your future spouse, to your company or to an interplanetary neighbor who comes from somewhere out in space. Now people have asked, "Aren't there certain valid human self interests in making contact?" My reply is, "Certainly there are, but they should be based on mutual benefit, not unilateral benefit." If multilateral benefit is not achieved by the contact, then all continued efforts will fail. We are looking for long-term results. CSETI is not looking for a flash in the pan. We are not looking for one exciting event, to go around the moon in an ET spaceship. Our goal is no less than to develop a long term, mutually beneficial peaceful relationship between human Earth society and other planetary civilizations. This is a very big picture that we are painting here. We cannot be successful if we focus on short-term gains, no matter how exciting and attractive they might be. The intent that we convey is key. I find it humorous that we humans are always wrapped up with, "**What is their intent?**" I say to that concern, "Let's worry about our intentions. We can't do anything about the ET's intentions. We can do something about our intent. This is something we have control over." I suggest to everyone that is getting involved with this project that they think about this very deeply. What is animating your involvement in this contact process?

Evaluating our intentions is a very practical part of this project. Let me tell you about a problem we had in North Carolina during our initial attempts at putting these principles into practice. We had one man in our group whose main interest was acquiring the secrets of ET technology so that he could get patents to develop new energy systems and become very wealthy. Incredible as this might seem, it is absolutely true. That individual was unilaterally removed from the Working Group. We had another person, a woman, whose only interest was to just get once aboard an ET craft and go for a single joy ride. When we had gone out into the field several times and they had not picked us up for her "ride around the moon", she came up to me and said, "Look, I'm getting tired of all this. We've gone out three times and I still haven't gotten a ride on a space ship! Listen, when you contact them, just tell the ETs to come to the back of my house. I have a deck there, and I'll get on board and we'll take a ride." I could hardly believe it, but this woman was actually serious. I told her, "I'm sorry, but this is not going to work." So this sort of childish but very understandable desire is manifested in groups preparing to do this work. Yes it is true we are all curious, all of us want to get close to these craft. It is fascinating. It is exciting, but let us not lose sight of the big picture, of the high-minded vision of why we are doing this contact project. If we lose sight of that larger more important mission, then we will never be successful.

I don't think ET civilizations that have come such great distances, and who are carrying out such an extensive project on planet Earth, would take the time to get involved with a CSETI Working Group so that its members could have some

cheap thrills and get a ride on one of their spaceships. The Working Groups are going to have to be motivated by something greater than that in order for the CE-5 initiative to be successful. So keep this in mind as you prepare to do field work. One government researcher told me he was involved in trying to contact the Extraterrestrials for a dozen years. He was astounded when he heard that CSETI, in just a year, had facilitated multiple encounters with ET craft. In addition all these CE-5s had multiple witnesses. He asked, "How are you doing this?" I replied, "I don't think the question is how we are doing this, but rather where are our hearts in all this?" I said to him, "You could do the exact same protocols that we are following and never have one of these close interactions take place, because you are doing them for all the wrong reasons."

Everything we are doing now will determine the future direction of this project because we are just in the beginning of the contact process. Let us not forget that every action we take is very powerful. Humanity's relationship with the Extraterrestrials can be compared to an embryo. If you expose me or any other adult to a toxin, or stick a needle in me, it will have far less effect than if you do the same thing to an embryo inside its mother's womb. A transient physical injury has a nominal effect on an adult. Do the same thing to a developing embryo and the injury is devastating. The growing embryo has such a tremendous potential for further development. It is in such a multi-potent state. It is so highly vulnerable that even slight insults will terribly deform it as it grows to a fetus, and then a child and then an adult. To extend the analogy, I believe that we are in an embryonic phase of the Earth's evolution where an old order is dying off and a new civilization is being born. Everything that we do now, in this embryonic phase, is going to have immense ramifications down the road in the decades and centuries to come. We have to be very conscious and very careful in what we are doing and why we are doing it. Each of us will have to examine his or her own soul. We must discover for ourselves why we are involved in this project.

We are trying to build a bridge between the way things are now, to the way they will be in the future. Every pioneering group does the same thing. They build a bridge from one reality to another. As we attempt to build such a bridge, we had better be sure it is constructed on strong foundations. The foundations of previous attempts have been so mundane, so shaky, that no bridge could ever be built on them. They sank into quicksand before they got the first span up. As a race of conscious and intelligent beings, we must learn from our collective mistakes; we must say that we can do it right this time. I have full faith that there are enough good people on this planet that we can succeed in building a strong and enduring bridge to the next stage of our development. Some day the masses of people on Earth will be aware of this contact process now flowing from the principles that CSETI is elucidating. Right now however, just a very small number are involved. We really can't turn to the governments of the world to do this, or even to the United Nations because that organization is not logistically set up to carry out the work. The UN can only follow out the instructions of its client states. Since open and direct contact with the ETs is not on the agenda of any nation's



government, the UN is powerless to act. We will have to empower ourselves to do it, and in the process will be undertaking a world citizens' diplomatic effort. At this point our group is somewhat small and grass roots, but I'm certain that our project will grow into a powerful global movement.

With all this background, let's talk about what we actually do in the field. This contact process that is going on is an experiment in the laboratory called planet Earth. You can't go to Harvard or Yale and pull a book about how to attract spacecraft into secure research sites and establish interplanetary relations. It is a book we are writing today. We are walking through this process creating protocols as we do it. Each time a Working Group goes out and shares their experience, each time the RMIT is activated to UFO hot spots, it is a learning process. We are getting new information and incorporating these findings into our work all the time. Although we are constantly fine-tuning the process, the basics remain the same, which are as follows. Here I will not go into all the case reports that have led up to the development of these techniques. I recommend that you read the monograph Article III, Close Encounters of the Fifth Kind (Part 1): A Proposal For An Important Research Category. I can't go into all the case reports cited there but please review that material. The experiences that we have had, plus our review of the literature reporting various CE-5s from around the world, indicate that all these types of encounters have been mediated by three basic modalities, light, sound and thought. The last one we will talk about in some detail later. We call these three modalities the contact trilogy. CSETI has in its files reports of numerous individuals who have been in locations where spacecraft happened to be present and those people on the ground took the initiative to flash their car lights at the craft, or perhaps used a flashlight to signal to it. In these many cases the spacecraft then approached and signaled back. This signaling back and forth is what we call "photon talk". It is a valid modality for communicating in a simple and preliminary way.

There are also some accounts however, of people using powerful lights and lasers to actually vector a craft into a site when there were none initially present in the vicinity. A number of these events occurred inadvertently when craft appeared at outdoor rock concerts or during demonstrations of industrial lasers. Here let me make a distinction between primary vectoring and a second degree CE-5. Primary vectoring takes place when you are in a location where no craft is seen and you engage in certain protocols to vector them into a site. This is analogous to how a plane is vectored into a runway at an airport. The attraction of ET spacecraft to a site by predetermined protocols represents a very advanced state of communication. It is much easier to be someplace where a craft is already present and secondarily engage it by say, flashing a light at it. When there are no craft at all visible in the area, and you are talking about vectoring one in, this is a very sophisticated skill. That level of skill is virtuoso, which very few Working Groups have developed but that we are all trying to become proficient in.

When lights alone have been effective in primary vectoring, they have been extremely powerful lights or lasers. This type of equipment is usually so expensive to buy and so difficult to maintain, that it can't be used in regular CSETI field work. Even when lasers have been available to us, deploying them in remote sites creates many logistical problems. From all this, it is easy to see why we don't have those kind of powerful lights and lasers that alone, without the other contact modalities, might be capable of achieving primary vectoring. [Note: By 2005, we were using green lasers, but care must be taken not to shine them on aircraft or in peoples' eyes or in house windows.] The lights we are currently [in 1995] using are .5 up to 1.5 million candlepower halogen lanterns. These hand held signal lights can reach 75,000 or more feet out into space. This is quite high, some 15 miles. This type of light usually requires a car battery hookup as a source of power. Lights with about a million candlepower are especially effective in remote mountainous regions where there is little air pollution or competing lights from other human activities. We are also employing fully portable signal lanterns that don't have to be plugged into car cigarette lighters. These lights are 500,000 candlepower. This type can reach out 40 to 50,000 feet into space. I have actually struck the underside of a jet at an altitude of about 35,000 feet and illuminated it with one of these 500,000 CP lanterns. So even the 1/2 million candlepower lights are quite effective. We attempt to use them for primary vectoring by making geometric patterns in the sky. Once a craft is sighted we are also using them for secondary vectoring by signaling. In other words when there are no craft present we are using the three modalities of light, sound and thought to attract ETS in a protocol fashion. Once a craft appears, we designate the situation as a secondary event. Being in line of sight with the craft we can then signal directly to it. An ET craft in our vicinity may not always be aware of our location. By signaling at the craft and receiving the same pattern of light flashes back we can establish that rudimentary communication exists. We designate this as "lock-on". Just because you see a craft, it doesn't mean that "lock-on" has been established. Here is an example from our 1993 Mexico investigation.

We were camped at the base of the volcano. We were practicing a form of thought projection called Coherent Thought Sequencing (CTS), which I will explain in a moment. Earlier we had been doing light work and were playing the tones of ET origin. The team was stretched out on the ground on tarps, silently doing CTS. While in a meditative state, with my eyes shut I was doing what's called remote viewing. (This is a parapsychological skill that allows the "viewer" to receive detailed visual information about a location without actually physically seeing it. For more information on this important topic please see books by Targ and Puthoff, "Mind Race", or by remote viewer Joseph McMoneagle "Mind Trek". *editor*) While practicing this psi technique of remote viewing, I suddenly knew there was a craft nearby. I felt the urge to sit up and look to the right and there it was. I basically saw it with my eyes shut. The large triangular shaped craft was silently moving to the south obliquely away from our position. It appeared to be meandering around back and forth as if looking for something. I believe the something was us. At that point we picked up the 500,000 candlepower lantern

and signaled to it. The craft immediately signaled back and changed its direction, heading straight toward us. This is very important because we don't know the capabilities of ET craft to find us guided by consciousness-mediated techniques alone. By signaling directly at it we are able to vector ETS to our exact position. So using lights is a very important part of the contact trilogy.

We also employ playing recordings of beeping tones that are of extraterrestrial origin.

***Please note:*** The remainder of this discussion is concluded on the Coherent Thought Sequencing CD included in this training kit.



# INTRODUCTION TO CSETI FIELD WORK

By Joseph Burkes, M.D. 1995

Let's face it; it's OK to be somewhat apprehensive when going out into the field for the first time. Vectoring in ET Spacecraft to initiate a citizens' diplomatic mission with the ET visitors is not something you've done every day of your life. It's not something you learn at home or in grade school or at the university. You can't watch a "do it yourself" program about it on educational TV (hopefully that will change in the future), nor is it an activity that is just plain "intuitively obvious" which yields to a spontaneous "anything goes" approach.

Following the CSETI contact protocols can be extraordinarily helpful for simply one reason. They really do work! Dozens of successful Close Encounters of the Fifth Kind have been initiated by CSETI Working Groups in North America and in England by following these principles, and so we invite you to follow our example and see if you can add to this growing body of experience. Remember these protocols are not cut in stone. They have been evolving constantly and are based on each attempt at contact. Without a doubt they will continue to evolve, hopefully with your contributions as well. As the CSETI leadership has emphasized, there are no true experts in the field of 'extraterrestriology'. There are no tenured professors at major universities in "Saucer Studies" who are available for consultations if you have questions. Given the current level of general societal denial concerning the presence of ET visitors, you will not likely be the recipient of major funding to finance your research. Nevertheless you may be amazed at how successful you can be in establishing contact early in the course of your efforts (this field worker certainly was), and you can do so with a minimum of equipment combined with the right attitude. Let's start with the first step and that is **forming a group**, but as part of that discussion we should review how the initial CSETI research teams were organized. **If you already have a team of friends who know each other well and are ready to go out into the field, you might want to skip over this upcoming CSETI history treatise and go on to the next section "Dealing with Fear"**.

CSETI working groups have formed in a number of ways. The first attempts at doing regular fieldwork started in North Carolina, where CSETI International Director Steven Greer resided. He started going out into the field with a number of local supporters in 1991. It was there in the Appalachian Mountains that these basic contact protocols were initiated based on his preliminary investigations. Following this initial phase, Dr. Greer embarked on a 3 year effort that involved giving dozens and dozens of lectures and workshops in North America and in Europe to facilitate the formation of other CSETI working groups. The training process consisted usually of a public lecture on a Friday evening followed by an in depth all day workshop the next day. There the guiding principles of the Center for the Study of Extraterrestrial Intelligence were described. (For a detailed explanation of these basic tenets, please review Dr. Greer's monograph.) In

addition the workshop participants were introduced to the guided meditation techniques that form the basis of Coherent Thought Sequencing (CTS). Fieldwork protocols were also reviewed to enable CSETI members to start their CE-5 research that very night following the workshop. Under starry skies, Dr. Greer's demonstrations of how the contact protocols are carried out sometimes produced amazing results. More often than not there were sightings of anomalous lights that astounded many of the participants, and on one occasion a truly historic event took place.

It occurred March 15, 1992, when following an all day CSETI workshop at Gulf Breeze, Florida, no less than 4 ET spacecraft interacted with 50 of the participants for 15 minutes. (For more details please see the full report in Dr. Greer's monograph.) This spectacular occurrence was captured by several home videos. They show how three of the craft, which were visible as discs through binoculars, broke a loose formation and took the shape of an equilateral triangle. This move was in response to the CSETI's light work, which consisted of tracing triangles in the sky with powerful signal lanterns. The videos provided CSETI with dramatic documentation, which served to recruit future working group members. (This working group coordinator, Dr. Joe Burkes of the Los Angeles CSETI contact team, joined the CE-5 initiative in part because of the convincing quality of these amazing home videos.)

In spite of high initial enthusiasm following these dramatic fieldwork demonstrations, working groups faced considerable difficulties in organizing themselves to do regular fieldwork. Often composed of people who had met for the first time at the workshop, they had to go through a complex process of training and socialization before they could work as an effective team. There are however a small number of outstanding exceptions. In these instances teams formed from groups which were already doing contact work on their own and they brought CSETI in only after they had already established an effective and positive working relationship among themselves. These preexisting groups had a much higher probability of coalescing than those teams initially composed of strangers to one another, or prospective researchers who only knew each other as acquaintances.

As a result of Dr. Greer's initial organizing efforts that involved many dozen lectures and workshops from 1991 to 1994, only about half the initial groups were able to sustain regular contact work. Although each success and failure in creating an ongoing contact team can be analyzed in terms of the specific history of that group, a number of important lessons have emerged from this body of experience. The following suggestions are offered in the hope that they will help you maximize your chance of building a successful CE-5 Working Group.

Business meetings play an important introductory role to a new CE-5 team. During the first few meetings, in addition to reviewing the basic protocols, prospective field workers will need to share some details about themselves,

especially why they are interested in contact work. The WG coordinator may want to carefully take note of this important information, as the better the WG coordinator knows his/her team, then the better s/he is able to lead the field work. Careful attention should be paid to the stated personal goals of prospective researchers, always keeping in mind the high ideals of CSETI to obtain a mutually beneficial, peaceful relationship with any and all ET civilizations visiting Earth. Those who express fear-based assumptions about the visitors' intentions may need special assistance and support from the group. The WG coordinator who shares the most responsibility for maintaining the cohesion of the team will likely play a very active role in these preliminary discussions. It should always be recognized that CE-5 contact work is not for everyone and WGs are primarily research teams focusing on doing regular fieldwork to investigate ET intelligence and spacecraft visiting Earth. We are not a support group for those who believe they are contactees, "abductees", or wannabes.

Following brief business meetings, I suggest that the team should immediately go out to do field work. A recommendation of 3 or 4 outings the first month, can help build the unity and camaraderie so necessary for building a successful team. Don't be surprised if considerable attrition occurs within the ranks of the team during the first month or two. Expect perhaps a minimum of 50% of those who attend a workshop or the initial meetings to drop out. For some it will simply be that fantasizing about fieldwork is far more attractive than actually doing it. Some individuals may want only to talk about UFOs, rather than doing something about them. After all, staying up late at night in adverse weather, to do something as strange, audacious, and exciting as vectoring in ET spacecraft, may be too difficult for couch potatoes. For other prospective field workers the problems may be interpersonal. Let's face it, not everyone is a team player. The UFO field has more than its fair share of strange birds who may not have the social skills to work effectively in a group. The more stable and the more secure an individual is in terms of having a steady well paying job, family support for CSETI research, and adequate amounts of free time to dedicate to this important work, the more likely s/he will be to persevere. Initially putting off field work and staying with discussion type meetings during the formation period of the team has been fatal for a number of Working Groups that just could not coalesce. When subjected to a seemingly endless series of discussions about things theoretical, those prospective CSETI investigators who are eager to go out into the field will understandably lose their enthusiasm. This unfortunately occurs far too often in the UFO community where a steady diet of speculation is constantly being dished out instead of solid facts based on prospective scientific investigation. CSETI has launched the CE-5 initiative to remedy this sad situation. Thus a rigorous schedule of field work early in the development of the group, will help separate the talkers from the doers and at the same time help add important new experience and scientific research to CSETI's growing data base. Not unexpectedly, the big talkers may simply drop out when an active schedule of fieldwork is carried out and the team's identity will gladly coalesce around the most highly motivated researchers.

And now ladies and gentlemen, it's time to discuss the big bugaboo of CSETI work and perhaps the entire flying saucer field, and that is **“dealing with fear”**. (It might be helpful to review Dr. Greer's articles titled “The Case for Non-Hostility” and “A Harvest of Fear”. They are numbered X and XI in his monograph. An edited version of my article on abductionism might also help put this subject into a broader perspective.)

As my teenage son and daughter might express the CSETI approach to dealing with fear of ETI, **“Hey Dude, chill out, it's cool”**. My translation and elaboration on that general advice is as follows: It's OK to be somewhat apprehensive when you go out into the field for the first time. Vectoring spacecraft is going to be a novel activity for the overwhelming majority of you who are reading this manual. At the first few business/social meetings, you will get some idea of where each person is at on the fear front. We should all be aware of the fact that peoples' social face often does not reflect their true feelings. In other words you might have to be more concerned about those prospective researchers who appear to be minimizing their fear, instead of those who are more open to the discussion. The macho man who beats his chest and loudly declares, “No problemo, man! It's a piece of cake”, just might be covering up a lot of anxiety. The Hollywood socialite type who might declare, “It's a done deal, baby. We'll simply call down ETI, do late dinner, and then party”, might also be truly quite fearful of the visitors. On the opposite side of the same coin there will be those who just can't seem to stop fretting about what might be ETI's “true intentions”. For such individuals, they might consider deferring fieldwork till they can in good conscience base their efforts on CSETI's assumption of the ET's non-hostility. If a field worker really can't accept the Extraterrestrials as being approachable, then they are not going to be able to contribute to our efforts in a positive way.

We should try to keep in mind that there is no absolute standard as to what defines too much fear in a CE-5 team in formation. Most of it will depend on where the group stands as a whole. Some individuals in the group may need to address this issue more than others. The responsibility of the coordinator is to be sensitive to each individual's need to address the fear issue so that each prospective CSETI investigator will approach the group's norm and be able to successfully integrate into the fieldwork activities.

Group discussion should emphasize the CSETI principle that unless clearly proven otherwise, beyond a shadow of a doubt, we assume no hostility from the ETs. Clearly some groups will need to address this issue more than others, but if prospective researchers cannot accept this assumption of non-hostility then they likely will choose to drop out of the Working Group on their own. If they stick around the Working Group, but are not able to participate fully in all activities because of fear, then they should be encouraged to resign. Excessive fear of ETI may manifest itself at the business meetings in a number of ways. As mentioned above, it might present as an individual's need to repeatedly question, “what



ETI's true intentions are?" On the opposite side of the same coin, a fear-based individual might remain strangely silent while looking extremely uncomfortable during any such discussions of ET's motives. It's helpful to point out that from the ET's point of view, looking down on this violent planet, they might have good reason to question what our intentions might be towards them. After all, the UFO literature has described numerous occasions where humans have attacked them. Much of what is reported as the sinister actions of the ETs may be nothing more than manifestations of individual humans' projected hostility.

The Working Group and especially its Coordinator should be aware that occasionally prospective CSETI researchers might have a hidden agenda. They might want to participate in fieldwork but only to attract the ET group of their particular choice. The mythology of the "evil gray aliens who abduct humans" is so well entrenched among the saucer enthusiasts that the CE-5 WG may find such prejudicial notions cropping up and interfering with WG operations. By emphasizing the basic CSETI principle of welcoming any and all Extraterrestrial peoples visiting Earth, hopefully these negative attitudes will be counteracted and those prospective members who truly cannot overcome excessive fears will get the message and drop out. If they do not leave on their own, then they must be compelled to resign because such fear based and prejudicial views will jeopardize the entire team's efforts. On occasion excessive fear might manifest itself in a more subtle way. A troubled WG member might attend the business meetings but will somehow miss most of the fieldwork sessions. In situations like this, group unity and discipline could be reinforced by emphasizing the importance of everyone participating fully. The importance of building a citizens' diplomatic initiative to the ET civilizations is not a job for the lighthearted. For those who are willing to meet the challenge, the opportunities for success are great, but those who do not fully participate, whether out of fear or lack of dedication, they can interfere with or even ruin the efforts of the more dedicated team members.

It's really all a question of building trust. If the team members can't earn each other's trust by their collective actions together in carrying out the CE-5 Initiative protocols, it's unlikely that they'll be able to earn the trust and continued cooperation from our ET collaborators who are undoubtedly observing our efforts. The struggle to establish and maintain the unity within the CSETI CE-5 team is in some very practical ways a reflection of the ways we will build a relationship with the ETs. This struggle, to achieve unity, is perhaps also a microcosm of the way humanity will have to learn to cooperate as a planet of conscious and intelligent beings which can only then join a larger and more enlightened interplanetary community.

In the next section Shari Adamiak, [then] CSETI Working Groups Director, describes established guidelines and training for fieldwork. The basic CSETI contact triad of light, sound and consciousness, was developed by her premier CE-5 Initiative team. Her vigorous efforts in the Denver Area have been an

inspiration for all subsequent CSETI Working Groups. Her knowledge and experience are vital resources in CSETI's mission. She has been not only instrumental in assisting many other contact teams to master the protocols, but she has worked closely with CSETI International Director Dr. Steven Greer, in the formation of the Rapid Mobilization Investigative Team (RMIT). This working group without geographical bounds has been successful in facilitating Close Encounters of the Fifth Kind all over the world.

# **CSETI Working Groups**

## **GUIDELINES AND TRAINING FOR FIELD WORK**

By Shari Adamiak

*The following information is intended as a practical manual. Please provide a copy to every person in the working group.*

### **SECTION 1 - PREPARING FOR FIELD WORK**

#### **Site Selection:**

As in real estate, the prime consideration in selecting a site for CSETI field work is: location, location, location!

The key features to look for are:

- Privacy
- Absence of nearby ambient light
- Hidden from public roads and houses
- Accessible even while carrying field gear
- View of sky and horizons
- Flat area nearby to use as a landing site

Perfect sites are difficult to find. What may seem to be a perfect location during the day may be all wrong at night. We've had this happen numerous times on RMIT missions. One night in Mexico in 1994, we drove to three sites before finding one that was suitable that night. When you find a site that has possibilities, it is important that you visit it both during the day and at night before deciding upon it. Only at night can you assess to what degree nearby lights affect the site. Houses, roads or security lights may seriously interfere with your view of the night sky. Locations may undergo changes over time that require finding an alternate site. It is always a good idea to have one or two back-up areas to explore if your primary site is intruded upon by traffic, visitors, construction, or other changes.

Some people feel that the top of the highest hill in the vicinity will be the best field site. This is not always the case. A hilltop can be too exposed to passers-by. Although it may afford you an excellent view, it is not always conducive to close-range approaches by spacecraft. Historically, our closest encounters have been in areas that are somewhat protected and less vulnerable to casual observance.

Everyone in the working group is to keep the location of the site *confidential*. You do not want your field work to become a "y'all come" situation where

people can drop by at will. We come to the field site to conduct serious research, not for a party. Hoaxers have been known to play tricks on field teams if the security of a site is breached. This is one reason we have a team member assigned to site security. Should anyone approach the group, either by happenstance or deliberately, there is someone in the group designated to deal with it. If an explanation as to what your group is doing is in order, it works quite well to state that you are an amateur astronomy group, using powerful lights to point out celestial bodies. Once you have conversed with a visitor and feel they are amenable to your presence, you may wish to tell them that you are looking for spacecraft. You may learn about past events that have occurred in the vicinity.

Private land used with the owner's knowledge and permission is always the first choice. However, if someone offers their land for your use who is not a member of the team, you will want to educate them into the premise of our research. Let them know that this is a dedicated team doing scientific research and discourage them from inviting their friends over to hang out and see what happens. Explain the need for having privacy at the actual site and ask that any visitors keep out of the range of the group's sight and sound.

Some problems with what may seem at first appearance to be an ideal site include the following:

- A cow pasture may be filled with fresh cow pies, which you can see, and cow urine, which you can't see but will be very unpleasant and probably ruin some of your field gear.
- Barns and outbuildings, as well as wooded areas, may obscure much of the horizon. It may be difficult to obtain a wide-sky view.
- You may find that headlights from cars passing by on even remote country roads shine directly onto the group.
- There may not be any open area to designate as the landing site. If everything else about the site is great, use the site anyway. In your CTS, mentally show the ETs the site and let them know that they may need to hover rather than actually land on the ground.
- The person may offer a deck to use which may afford a limited view. (However, decks can be very helpful for winter field work when warming up time is necessary fairly often.)

If anyone in your group has a motor home or camper, it can be used for your warm-up spot as well as the safe area. More remote sites can be used if you have a vehicle with you that allows for heated shelter from the elements.

### **Other Site Considerations:**

Plan ahead to have a low impact on your chosen site. Carpool. When you leave for the night, scan the area with a powerful light to find all personal belongings

and trash. My Denver group and I always spend some time sprucing up a new site when we arrive. We pick up all the litter and cigarette butts. It is an exercise that sets the tone for the work as meaningful, and for the application of higher consciousness. We often do some blessings or Native American ceremonies to prepare the site and ourselves, to give honor to the Earth, the elements and the directions for the work we are about to do. When we come across ancient sacred sites, we do healing ceremonies to reconsecrate the area. Cleansing each other and the site (smudging) with sage, cedar, or sweetgrass, or offerings of corn meal or tobacco to the cardinal directions, the Earth and Sky, are all appropriate prior to field work. Notice any wildlife in the vicinity. You may wish to acknowledge the trees, animals and birds; ask their assistance with your work.

### **Field gear:**

Elsewhere in this manual you will find a list of suggested field gear. Some amplification of specific points follows here.

**Clothing:** Unless you are accustomed to spending a lot of time outside, it will likely take some time for you to accumulate what you want and need to stay comfortable in the field. Many items will go through a trial and error period. You don't want to take what you don't use; you don't want to leave behind something that would make you a lot more comfortable. The climate in your area will dictate some of your gear. If you live at a high altitude, you will soon find out that even on hot days, it will get quite cool at night. If you live in a rainy or humid climate, you'll need everything to be waterproofed. You'll need to plan for dealing with mosquitoes or other insects.

There are a few inexpensive items that will make you comfortable right off the bat:

- **Ground cover:** A tarp and a blanket or camping pad will be worth the weight. Ideally, a blanket should be wool to afford some moisture protection. Many synthetics will soak up water, becoming heavy and useless. Even a small slab of styrofoam to sit on will protect you from cold and damp earth.
- **Camp chair:** A low-slung beach chair is a good choice for 'sky-watching'. The high back offers support for your head and neck, which can get worn out in a hurry from looking up. If you're going to do some overnight camping, a folding aluminum and plastic lawn chaise lounge is an excellent choice. For those who would rather stay out under the stars than sleep in a tent, try a sleeping bag on the chaise lounge. It protects you from the ground and makes a fair bed. A camping cot works but the back usually can't be tilted for when you want to sit up and sky watch.

- Rain poncho: It needn't be expensive, a plastic one will do. Choose one that is long enough to cover you to below your knees so that it is long enough to sit on and still cover you. With a serape or wool blanket or poncho underneath, you can stay warm and dry in nearly any weather.
- Long underwear: Silk is an excellent choice for its extreme lightness v. warmth ratio and lack of bulk. Polartek or polar fleece will keep you the warmest. Thermals are fine as long as you wear enough layers.
- Head gear: A stocking cap, ear muffs, and a rain hat are all good choices to have with you. A bandanna and/or muffler or scarf for your neck will come in handy.
- Foot gear: Lightweight yet warm shoes will be your most versatile choice. One simple and easy way to keep your feet warmer and dry is to put plastic bags on over your socks before putting on your shoes. Clear plastic produce bags from the grocery store work very well.
- Don't forget a pair of gloves.

### **Mosquitoes:**

A simple and effective deterrent for mosquitoes is Skin-So-Soft bath oil, available through Avon. It can be ordered in a small spray bottle that is perfect for packing. It is totally non-toxic and can be used for an amazing variety of applications. Ask an Avon representative for a list of uses. In extreme conditions, you might want to consider a mosquito net for your head.

### **Equipment:**

**LASERS:** Every group needs to have at least one green laser. Lasers are available to order on the Internet. We suggest at least 50 or 100 milliwatts in power. Please note that lasers over a certain power range (this keeps changing) must be registered and a log filed with the FCC prior to outdoor use.

**RED LED LIGHTS:** Each working group member should use a red LED light out in the field and minimize the use of flashlights due to the effect on eyesight night vision and night vision equipment. One good place to buy these is:  
<http://microlightguy.com/>

**STROBE LIGHTS:** Ideally, if there is a landing site available, each team should have three strobe lights which can be set out in a triangular pattern to indicate a designated landing site if a craft appears to be approaching the team. Battery-operated strobe lights (preferable) are obtainable at Radio Shack or

Amazon.com for about \$20 each. Small round disposable strobes with much less range are available through sporting goods catalogs or web sites.

### **VISION AIDS:**

Binoculars are indispensable. Ideally, each team member should have a pair. Any kind of binocular would be useful, but especially those that have image stabilizer capability. These compensate for any shaking or movement.

Night-vision binoculars or scopes are very useful. It is astonishing how much more can be seen utilizing a night scope. They do need some “babysitting”. Care must be taken to never point them at a bright light source, and they tend to go through batteries fairly quickly. Keep extras on hand. Russian military aftermarket models are available for around \$400-\$500 that amplify starlight 30,000 times. Other models are available, too. Check sporting goods catalogs. We recommend Generation 3 or higher, but these can cost a lot more.

### **RADAR DETECTOR:**

A battery powered radar detector is a very helpful piece of equipment. When left engaged, if it goes off when there is nothing around that would normally trigger it, look alert! We have had a radar detector go off in extremely remote areas. It is our sense that it is picking up electromagnetic disturbances, possibly caused by the near presence of an extraterrestrial spaceship or beings. Radar detectors are currently available at Amazon.com, Radio Shack, and other locations and are easily found via internet searches. The Escort Solo S2 Cordless Radar and Laser Detector is the model that has been doing the Orion Transmissions starting in 2007 and continued through 2010, but is more expensive than some Whistler and Cobra models that also work well in the field. Recommended Whistler radar detector models: XTR-195 and higher battery powered.

### **CD PLAYER:**

A portable boom box or CD player is needed in order for the team to play the CSETI tones. These are anomalous tones from several sources, recorded within crop circles in England as well as during some CSETI expeditions. The tones are used as a signature or calling card. If whoever made these tones can hear us playing them, they will recognize them. In addition, each member should have their own microcassette or digital recorder.

### **WALKIE-TALKIES:**

Walkie-talkies or radio transceivers are useful for two reasons: 1) keeping in touch with team members who go on scouting missions out of visual and hearing range; and 2) to project the tones out over the airwaves. Walkie-talkies eat

batteries for lunch. Keep extras on hand. While more expensive, radio transceivers have better range and clarity, and generally cause fewer problems to use than walkie-talkies. Both are obtainable through Radio Shack, Amazon.com, and other places on the internet. Prices vary, but are less than \$100, usually less than \$50.

## **MAPS:**

Once you have determined that a site is going to be used regularly for field work or overnight campouts, you'll find it helpful to obtain a topographical map of the area. These can be obtained from REI stores or from the U.S. geological Survey or Forest Service office. A topo map will help identify roadways in the distance that could account for lights you see moving along the horizon, especially if a mountain or hill ridge is in the distance. You can also get good topographical information on Google Earth.

**SATELLITE TABLES** - Predictions of when satellites may be visible in the field site location are available at [www.heavens-above.com](http://www.heavens-above.com). Print these tables and bring with you to the field site, or bring a device that can access this information remotely. That way, you can check when an object is observed to see if it is in the predictions. Note that not all satellites are listed in this database because some satellites are classified or not bright enough to be seen by the naked eye. Sometimes satellites can be visible through binoculars that will not be on these predictions because they are too dim.

Other equipment might include a cellular phone, an audio amplifier and digital recorders, static detector, tri-field meter, and magnetometers. If you find super deals on good equipment, please let CSETI know. We will announce the information, source and price on the web site or email list so that other groups may take advantage of a good buy.

## **SECTION TWO - REALTIME RESEARCH: CSETI FIELD WORK**

*This section will cover some of the fundamentals of team dynamics as well as the purposes of field work, including subtle aspects that might be overlooked.*

### **Prior to Leaving for Field Work:**

Begin to prepare yourself mentally for the work of contact. Reach out in consciousness and extend a message that the team will be out doing field work tonight and invite ETI to visit if they have the time and if it is safe for them to do so.



Leave yourself time for a meal and a shower, if possible. Gather your gear and clothing to be layered on, as it gets cooler. Plan to take along some snacks, water, and maybe a thermos of something warm. If the weather takes a sudden turn for the worse, telephone your coordinator to see if your plans have changed.

### **Getting to the Site:**

Punctuality should be stressed to all team members straightaway. Allow no more than 5-10 minutes for latecomers to arrive at the designated meeting place, unless the coordinator has been notified of a special circumstance and knows to wait for a member.

It is suggested that a neutral site be chosen for the team to meet. A public parking area such as a shopping mall, 24-hour grocery store, or other spot where cars will be relatively safe and undisturbed is best. By meeting at a neutral site, members can carpool to the site, lessening the impact on the site itself.

If possible, it is always preferable to get to the site while there is still some daylight. Take a good look around to familiarize yourself with the land features, what animals are about, assess the weather and see if there are clouds on any horizon, if there is any road construction activity, or other changes since the last visit to the site. It is easier to get field gear out of the cars and set it up if there is still some available light.

### **Preparing the Site and Preparing the Team:**

Pick up any litter at the site. The coordinator should designate the safe area and inform all team members that they should feel free to go to the safe place should they experience fear and misgivings about events that unfold. The coordinator should point out the landing site.

### **The Buddy System:**

Each team member should group with one or two other members to act as buddies. Any time a team member departs from the field group circle, to go to the "bathroom", get a snack, walk around or whatever, be sure to inform your buddy that you are leaving, where you are going and when you should be expected back. If a team member experiences emotional reactions that lead the team member or coordinator to think the member should go to the safe area, that member's buddy will accompany the member and stay with them the entire time they wish to be in the safe area, even if it is for the remainder of the evening.

As everyone is settling in with their gear, someone may wish to do a Native American ceremony honoring the directions, or smudging each team member with sage/cedar smoke. Someone may wish to do some soft drumming or chanting. If you have a chime, or a Tibetan bell or bowl, allow it to sing and set a

vibratory tone for the work to be done. The team may wish to stand and join hands for a few moments of silence.

The team should group itself in a circle. Each of the four directions as well as the zenith of the sky should be watched. Members can volunteer for a particular direction. As the team settles in, allow the visiting and chit-chat to run its course. By the time the first CTS is undertaken, the team should have assumed a silent and watchful attitude.

### **The Field Work:**

**Boarding Party:** Positions on the boarding party are to be predetermined. The coordinator is normally Boarding Party Member No. 1. The assistant will be No. 2, and so on. The site security person and the documentation person are the last ones to number off. Make a log into a microcassette recorder of each member's name, and the name and telephone number of a person to contact should there be a boarding. Let the site security and documentation member know where your car keys are, if applicable.

Remember to be aware with all your senses. Everything that happens may not come from high in the sky. Watch your environment for signs of subtle changes in energy, for an animal that appears, for unexplained sounds that may move around the group, for changes in temperature and wind direction. Share openly with each other what you perceive going on around the team, or with you individually.

Each member should have an expectant and welcoming frame of mind. Put aside the cares of your everyday life and move into expanded awareness. Practice keeping a conscious connection with the universe while you are going about your tasks.

It is important to let go of a strong desire for results. It is always exciting to see a light that behaves in an intelligent manner, or a craft in the sky. But the *process* is the key element to CSETI field work. We are preparing ourselves to communicate with extraterrestrials and allowing ourselves to be observed. The preparatory work being done by field teams may be far more important than we think. By going into the field on a regular basis, by showing our intent, obviously showing we have no drugs nor weapons and are not acting aggressively, our motives will become known to those from other worlds who may be observing. Never feel that your field work is in vain - even if nothing is seen in the sky after time. Every member of every team makes an impact every time that field work is done. Sometimes the subtle efforts produce the strongest results.

*Please note that to our knowledge, no CSETI member has ever reported an "abduction" in connection with doing the field work.*

## **The CSETI Contact Trilogy: TONES - LIGHTS - THOUGHT**

### **Tones:**

Play the recording of the crop circle or ET spacecraft tones on your portable boom-box. Use your walkie-talkie or radio transceiver to broadcast the tones out into space. This can be done for a brief period of time, repeated later if desired. Do this when you first arrive at a field site, during breaks, and other times during the evening.

### **Lights:**

Use green lasers for signaling the location of the team (all team members should coordinate this together and not have everyone doing something different). Paint a pattern in the sky such as a triangle, infinity sign, circle. Use the lasers to signal at something that appears not to be conventional aircraft. Use any coherent, simple signal but avoid using the Morse code signal for S-O-S, which is dot-dot-dot, dash-dash-dash, dot-dot-dot. If you receive a return signal, keep signaling to the craft. Motion with your laser to the area you have designated as your landing spot. If a craft begins to approach the team, have a predesignated member or two set out the landing strobes. Such members should take care as the landing site may be down at the foot of the hill you are standing on. Take the time to get a flashlight. Keep safety in mind. A fall, a strained or broken ankle is to be avoided.

### **Thought:**

The CSETI Coherent Thought Sequencing (CTS) protocol is a proven, effective method of connecting with ETI. Before the CTS is actually begun, the team should spend some time in silence and meditation in order to reach a state of unbounded mind and expanded awareness. Then the CTS is done. It may be led verbally by the coordinator or another team member, or may be done silently. It is usually helpful for most team members, especially when the team is new, to do the first CTS of the night in a verbally guided fashion. Whenever the energy of the team or the purpose of the field work seems to drift or disintegrate during the course of the night's work, regroup and do another session of CTS. You may wish to ask for a volunteer to continue to watch the sky during the CTS. The sky watcher should take care to keep movement minimal and keep as quiet as possible during the team's CTS. If someone gets a strong feeling to open their

eyes during the mediation, Following the CTS, team members are encouraged to share their impressions with the rest of the team.

Other techniques may be added to the Contact Trilogy to further enhance the concentration and cohesion of the team as desired by the members, such as using the Hidden Truth Guided Meditation CD or a member of the group leading the meditation. Be open to suggestions while keeping the seriousness of the work in mind.

### **Ending the Field Work:**

When everyone has turned into a popsicle or fallen asleep, or if the weather gets severe, the team may decide to end the field session. Spend a bit of time debriefing. Each team member should be encouraged to share what they experienced during the course of the evening. The team may again stand in a circle with hands joined and say a spoken or silent blessing or prayer. Be sure to scan the site with a light after everyone has packed up to ensure that all personal belongings and trash have been picked up.

If your site is remote, caravan out so that no one gets lost. Regardless of where your site is, remain aware of your team members. Wait to see that the cars start and the lights come on. Make sure no one is stranded or in difficulty with a flat tire or disabled vehicle. Don't just drive off unaware. Courtesy is universal but begins right here.

## **SECTION THREE - OTHER CONSIDERATIONS**

### **Pre- and Post-Field Work Awareness:**

You may find that there is an increase in dreams and/or anomalous events once you begin participating in the work of inviting contact. Team members are encouraged to share with one another, both at field work events and between field work. Your contact with your team members does not end once you drive away from the field site. The more you work together, the more likely you are to experience shared dreams or experiences of ET contact. Insight and understanding of the events are heightened by telling others who were present in your dream or experience and obtaining their feedback. Let your group coordinator know of any significant events or dreams.

The work of observing the sky and reaching out for contact will make you more aware of the sky above. And by looking, you may just see more in the way of unidentified flying objects. Learn to be a good reporter. Make note of the

pertinent facts. Pass the information along to the group coordinator, or the person in the group designated to keep track of events and sightings.

You may find your dreams especially active on the nights before and after a field event. As we are more approachable and less subconsciously defensive during the sleep state, contact can take place more easily. You may wish to read about and practice the art of lucid dreaming so that you can become an aware participant in the dream state. You can then communicate the intent and effort of your working group team, inviting and encouraging ETI to approach you when you are in the field with your teammates.

The most effective tool that each team member possesses to enhance the chances of contact is to continue with a regular meditation practice. Our common ground with extraterrestrial intelligence is the consciousness we share. It is our link. By regularly going into a state of heightened awareness and unbounded mind, our intent for communication will be known and will be answered. Be patient and persistent. All we can really do is work on ourselves. The rest will follow.

### **Documentation:**

The coordinator (or other designated team member) should transcribe the microcassette tapes or digital recordings of field work and keep the reports. You will be surprised how much detail is lost within minutes after an event. In addition, there could be recordings of anomalous sounds that may have been heard by some of the group members. Transcribing the recording of the real-time dictation brings back the particulars. How often “satellites” or “shooting stars” are seen can be tracked. Times of appearances can be noted so that you can see if an object that traverses the sky at the same time each night you are out is most likely a satellite. It is helpful to have a list of satellite times and direction of travel. The best place to find this information is at <http://www.heavens-above.com> and bring printouts of the satellite prediction tables with you to the field site so you can check it when the object is observed to see if it is in the predictions. Note that not all satellites are listed in this database because some satellites are classified or not bright enough to be seen by the naked eye.

### **Unidentified Flying Objects - Assume Nothing**

When an object streaks across the sky at great speed, you will only have a few seconds to determine if it is a conventional aircraft, a satellite, or something else. Do not automatically assume that an airborne object is an airplane, satellite, or shooting star. Spacecraft that enter the Earth's atmosphere and approach close enough to be observed are taking a risk to do so. We all know the stories of spacecraft that have been shot down or have crashed. Be aware that extraterrestrial people are risking sacrifice to come close enough to interact with

you. They often mask their craft as something more conventional looking in order to avoid attracting a lot of attention, either visually or on radar. Rather than calling an airborne object an alleged UFO, we prefer to call it an alleged aircraft, satellite or shooting star. Send thoughts to it the instant it is seen and ask it to do something to indicate it is not an airplane. If it continues to exhibit characteristics not consistent with conventional aircraft, signal to it with the lights, observe it with binoculars, and focus attention on it. Many times it will turn out to be something terrestrial, but many times it will turn out to be something unknown as well. Continue vectoring the object with thoughts and light until it either a) disappears; b) displays definite signs of being conventional; or c) signals back. If it signals back, the entire team should be focused in thought on the object and invite it to come closer and to interact in any way that is safe for it to do so. Project thoughts of welcome, safety, integrity of intent, and kindness. If it appears to head in the direction of the team, set out the strobe lights. The coordinator or documentation person should be dictating into the microcassette continuously as the event unfolds. Remember to scan other portions of the sky rather than every eye being locked onto the object. There may be another craft approaching from behind or from beyond the range of your peripheral vision. Follow your coordinator's guidance and instructions if a close encounter occurs.

### **The Team Concept:**

Giving up individual ideas and agendas and working as a unit while in the field is the most difficult concept for most team members to grasp. It will take work for the team to unify and work as a whole. It takes time to lay aside excessive chit-chat and nonrelated conversation and focus on the field work. It will help if you approach the work as a scientific lab experiment using the concept of conscious communication to vector in and contact extraterrestrials. Each part forms the whole, and it is the work of the whole that is important here. We are asking for wide-awake, multiply witnessed encounters. That takes concentration. To remain in a state of expanded awareness takes practice. All of the protocols are works in progress. Work with them and amend them to fit what works best for your team.

### **The Goal of the Work:**

Remember that the CSETI initiative concerns contact with extraterrestrial peoples from other planets. We are not trying to contact astral beings, departed loved ones, fairies, angels or other ultradimensional realities. Some of these nonphysical entities may indeed seem to approach while you are doing field work. If you so desire, honor their presence and offer a blessing for them while continuing to focus your attention on interaction with physical, intelligent, conscious beings from other worlds. This is not to suggest that you will not receive communication from actual ETI in nonphysical forms. That is the form in which they are most likely to begin to make closer contact. It is safer and less threatening for them; easier to accept and handle coherently at first for you. As in any good relationship, our interaction with ETI is growing slowly. It is about trust,

honesty, honoring each other, allowance and acceptance. Our intentions are being examined and we are showing that we are trustworthy and will protect the ETs from harm and exploitation to the full extent we are able. If you were to look upon this planet from afar and judge it by what is presented in the newscasts, in the media, in the cities, in lands where lack of food, shelter and medical care are a daily reality, you would not at first glance suppose that there are many sane, rational, nonviolent, nonhostile, caring human beings upon this planet. Our purpose is to show extraterrestrials that there are indeed people willing, able and trained to act as diplomatic liaisons between our civilizations. By our actions, we show that we have no desire or intention to capture them, their craft, their technology or their minds. We want only to share as one group of conscious beings to another. We only want to do what we can to insure the continuation of this planet, to promote peace and well-being for all.

The CSETI motto, ***One Universe - One People***, is our personal anthem as well. As we live that concept, we shall attract beings of like mind.

***The best of all worlds to you as you participate in this work. Thank you.***





# **THE CSETI WORKING GROUP HANDBOOK**

## **SPRING 1995**

### **PURPOSE:**

The purpose of the CSETI Working Group Handbook is to provide a brief reference manual for CE-5 Initiative Working Group members and coordinators. This handbook contains CSETI policies and procedures approved by the CSETI International Director and members of the Executive Council. It is intended that this Handbook will be a helpful tool for facilitating your research endeavors and for clarifying CSETI policies. At the back of the manual there is an appendix for equipment relative to the CSETI CE-5 Initiative. Elsewhere in the CSETI Training Kit you will find a list of suggested resources for various pieces of equipment and gear.

### **WELCOME TO THE CSETI CE-5 WORKING GROUP!**

The CE-5 Initiative Working Group is a dedicated group of people committed to engaging in Close Encounters of the Fifth Kind, and furthering a peaceful and mutually beneficial relationship between humans and ETI. This research project is unlike any other research approach in the world, and involves a higher than average degree of integrity, vision and dedication. A CE-5 Initiative Working Group's function and requisite qualities cross numerous areas: science, philosophy, 'transluminal' technologies, consciousness, interplanetary diplomat, sociology, communications, and more. A Working Group is no mere sky watching collective, but a dynamic collection of people who have set before them the remarkable goal of initiating an interactive relationship with any and all extraterrestrial peoples visiting the Earth. These goals require freedom from prejudice, open-mindedness and fortitude.

Certainly not all CSETI members, and not all of the public at large are suited for Working Group participation: Such endeavors are not for the faint of heart or the casual observer of the UFO scene. Being a Working Group member requires long hours outside at night, perseverance, discipline, and a special amalgam of practicality and visionary planning. Yet for those possessing such qualities and dedication, this work is exciting, fulfilling, and filled with meaning. Indeed, to be a Working Group member is to aspire to become an Ambassador to the Universe.

### **I. Requirements for membership in the CE-5 Initiative Working Group:**

- A. Membership in CSETI is strongly encouraged, but not required.
- B. Attendance at a minimum of 50% of the Working Group sessions.

- C. Adherence to the Working Group's CSETI-based policies and procedures
- D. Maintenance of an unprejudiced and non-hostile view of ETI, including all extraterrestrial groups visiting the Earth.
- E. Most importantly, a willingness to give of one's time, energy and resources in a professional, cooperative, and dedicated manner.

## **II. Purpose and scope of activities of the Working Group:**

- A. To develop a peaceful, interactive relationship with ETI/UFOs which can be objectively and scientifically verified and which is mutually beneficial to both extraterrestrial civilizations and human society.
- B. To engage in CE-5 Initiative protocols in both UFO wave and non-wave areas. To function as local RMITs when activity surfaces in your area.
- C. To test and develop new protocols for ETI interaction.
- D. To advance and develop training and practices for new and existing Working Group members.
- E. To document by audio, visual and/or written means all CE-5 events, and to keep a log of all Working Group activities.

## **III. Composition and area of research for Working Groups:**

- A. A minimum of 3 Working Group members should be present at all Working Group sessions.
- B. Each Working Group has a specific geographic area of research; activities outside that area should first be coordinated with CSETI's Working Groups Coordinator so that conflicts and duplication of effort are avoided.
- C. It is suggested that each Working Group have the following specialized positions:
  - 1. **Coordinator** - to facilitate group activities
  - 2. **Assistant Coordinator**
  - 3. **Documentation Specialist** - who records all activities and findings

4. **Equipment Specialist** - to secure, maintain and mobilize all needed equipment
5. **Security Specialist** - to maintain the integrity of the site
6. Other positions to be determined by the coordinator

#### **IV. Working Group suggestions and requirements:**

- A. It is suggested that each new Working Group meet 2-4 times the first month and at least once a month thereafter.
- B. It is often more effective to meet several nights in a row for field work rather than just occasionally. In areas of ongoing UFO activity, field work should occur nightly, or as often as possible, perhaps with rotating team members. A regular field site may facilitate ETI interactions. See other material in the Training Kit regarding sites.
- C. No offensive or defensive weapons are permitted at any meeting or session. People should leave large pocket knives at home or in the car.
- D. The location of all CE-5 active research sites is confidential and must not be discussed outside the Working Group.
- E. It is important to remember that Working Groups must be flexible and respond to interactions which indicate a change in venue by taking timely and appropriate action.
- F. Once a site has confirmed CE-5 activity, CSETI should be notified.
- G. CSETI, its director, executive council, coordinators and any and all associated persons assume no responsibility or liability for injuries, distress or other negative outcomes resulting from meetings, research activities, travel or any other activity undertaken by CSETI, and all Working Group members agree to hold harmless the above named in the event of any outcome. A liability release indicating this must be signed by each and every Working Group participant prior to any research activities. A release form is included at the end of this manual.
- H. Working Groups consist of volunteers and equipment needs, travel and administration costs are the responsibility of each Working Group.

## V. Removal from a Working Group:

- A. Attending fewer than 50% of Working Group sessions.
- B. Non-adherence to CSETI-based Working Group policies, procedures, guidelines and/or ethics.
- C. Possession of weaponry of any sort at a Working Group function.
- D. Breach of confidentiality or documentation security.
- E. Consumption or use of alcohol or drugs during any field work session.
- F. Exhibiting prejudicial, negative or hostile views towards any ETI group visiting the planet. This violates the CSETI principles of diplomacy, neutrality and objectivity essential to our purpose and function.
- G. Disrupting or impeding the goals and functions of CSETI and the Working Group.

## VII. Documentation, Data and Security Considerations:

- A. Documentation:
  - 1. Real-time documentation should be done using tape recorders for verbal narration and the recording of sounds. Video and still cameras may be used for visuals.
  - 2. Judgment must be used when employing video or still cameras, since ETI may not want such events to be recorded. Indeed, it is possible that the presence of such recording devices may limit, terminate or thwart CE-5 events. In every case, the development of a successful CE-5 interaction takes precedence over the recording of the event. *At no time should a CE-5 event be limited due to the desire to electronically record the event.* Sensitivity and good judgment are required in order for maximum interaction and optimal documentation to occur.
  - 3. Any significant, close range CE-5 event should receive the maximum documentation practical, and the CSETI director should be notified of such developments immediately.

B. Data and Security Considerations:

1. All documents of CE-5 events are not to be disclosed outside of the Working Group or CSETI headquarters, including to the public, the media, the government, etc. without specific prior clearance from the CSETI director.
2. Confidentiality and security must be maintained at all times so that proper analysis and follow-up may be arranged prior to disclosure, and so that future CE-5 events will not be jeopardized. *The Working Group coordinator should immediately contact the CSETI director for further discussion, directions and decisions regarding the copying, transfer, securing and release of any documentation or artifacts.*

**VIII. Duties and Responsibilities of the Working Group Coordinator**

- To convene and organize the local Working Group.
- To provide leadership, cohesion and direction to the Working Group while facilitating a consultative environment.
- To engage all members of the Working Group in a spirit of collaboration, collegiality and consultation, optimizing the special characteristics and skills of each member so that maximum effectiveness for the Working Group is achieved.
- To coordinate on-site field work activities, and to delegate tasks as needed to accomplish the goals and purposes of the Working Group.
- To see that the policies, procedures and protocols of the CSETI-based Working Group are followed.
- To encourage Working Group members to become members of CSETI in order to participate in CSETI's continuing education and training programs so that the Working Group may fully develop.
- To work carefully with the public and media, ensuring that confidentiality is maintained where needed, but providing credible public education regarding ETI.
- To ensure CE-5 field site safety and security.
- To accurately assess the Working Group members' abilities and skills, as well as limitations, to see that the various group positions are performed by the best qualified person(s).

- To take, or assign, leadership control and guidance of the Working Group during an emergency, and during CE-5 interactions with ETI.
- To provide for the smooth transition of coordinator responsibilities in the event of your absence, incapacitation, or resignation.
- To notify CSETI in a timely fashion when help or guidance is required.
- To assiduously seek out and document research approaches, protocol augmentation and other advances which serve to further the goals of the CE-5 Initiative and which result in greater ETI communications and interactions.
- To secure all documentation, evidence and extraterrestrial artifacts, and to convey them to the CSETI director immediately through secure personal channels.
- To notify CSETI immediately of any debunking or disinformation efforts aimed at disrupting or discrediting in any way the CSETI projects.
- To notify CSETI immediately when events occur which suggest the need for Rapid Mobilization Investigative Team (RMIT) activation to your local area or to some other area about which you are aware. Such events would include: 1) a crescendo of ETS activity over a relatively brief period of time; 2) high level CE-5 events which seem likely to recur; 3) a landing or other event warranting activation; 4) the knowledge of a crashed or disabled space craft, with or without occupants, requiring CSETI intervention, diplomatic liaison with officials, etc.
- To preserve and promote the overall spirit and purpose of the CSETI projects.

# **EVOLUTIONARY PROFILE OF THE CSETI CE-5 INITIATIVE WORKING GROUP**

As working groups mature and become more professional and competent, they pass through several natural levels of potential and activity. Below is a brief overview of these levels and their corresponding tasks and activities. This is only a general schemata and there is certainly potential for overlap, etc.:

## **LEVEL I**

Young, formative WG, meets irregularly with membership in some degree of flux; some dysfunctional group dynamics; capable of basic protocol implementation; limited ETI interactions (i.e., signaling at ETS greater than one mile away). Documentation partial and irregular. Primary vectoring minimal or nonexistent; remote viewing minimal. Level of CE-5: I or low-grade II

## **LEVEL II**

Young but stable WG with regular research activities and solid basic competence at CTS, light work and regular documentation. Competent to effectively vector ETS into less than one mile with definite interactions. Early remote viewing capabilities among some WG members; early primary vectoring capability. Level of CE-5: High grade II

## **LEVEL III**

Mature, fully functional WG capable of high group integrity/stability; primary vectoring capabilities strong, good Psi/remote viewing abilities. Documentation is consistent and thorough. Competent to vector a landing on site with communications with extraterrestrial biological beings. Growing ability to educate public in local area concerning ETI. Level of CE-5: III.

## **LEVEL IV**

As III above; additionally, WG is able to develop level of trust to facilitate boarding of CSETI boarding party members onto ET spacecraft, with subsequent interactive communication as per suggested protocols. Group is capable of education of public and interaction with local media, law enforcement and government figures with guidance and assistance from CSETI headquarters. Level of CE-5: IV

(continued on next page)

## **LEVEL V**

As in III and IV above. Also has developed competence for boarding and conscious off-planet interlude of unknown duration; is fully competent to educate and guide local residents in the event of a sudden, large-scale overflight and/or landing in their area, especially during time of emergency, such as nuclear or environmental disaster. Level of CE-5: V.



# **APPENDIX**

## **CSETI Working Group Recommended Equipment**

1. Red LED Lights for seeing in the dark without affecting eyes or night vision equipment.
2. Green laser pointers, with at least 50 or 100 milliwatts of power. These can be found on the internet on Amazon.com and other locations via a web search. Note: Be careful using lasers and do not point at people to avoid blindness, and do not point directly at any aircraft. *Improper use of lasers may result in injury blindness, commercial aircraft error, and resulting criminal prosecution.*
3. Portable audio sound equipment for recording field notes and for playing the CSETI tones.
4. Still cameras for photographs.
5. Video cameras with appropriate night filming capabilities, if possible.
6. Cellular telephone(s) for communicating with members when multiple sites are in use, and for emergencies.
7. Binoculars, telescopes.
8. Night-vision, infrared scopes.
9. Walkie-talkies or radios for two-way communication between team members, and for broadcasting the CSETI tones out into space.
10. Radar detectors.
11. Magnetometers or Tri-Field Meters
12. Satellite prediction tables/charts.

*Information on sources for various equipment and gear is located elsewhere in the CSETI Working Group Training Kit.*



# **PROTOCOL EVOLUTION FOR THE CE-5 INITIATIVE WORKING GROUPS**

The following is an overview of the CE-5 Initiative protocols for increasing levels of contact resulting from Working Group actions and evolution:

## **Background and Preparation:**

The Working Group (WG) and its individual members dedicate all of their actions to the development of a mutually respectful, peaceful and life-supporting relationship between humans and all extraterrestrial peoples.

A high level of altruism, self-sacrifice and dedication is required of the WG members.

This project is a scientific, diplomatic and humanitarian endeavor, and requires a non-prejudiced view towards any and all extraterrestrial peoples visiting the Earth. These efforts are expended on behalf of all conscious, intelligent 'people' throughout the universe.

Unity among the group, ongoing development of freedom from fear and prejudice, unity of purpose and action, peaceful and altruistic intentions, and the realization of the oneness of mind and intrinsic unity of all people - these qualities constitute the foundation of the CE-5 Initiative and are the prerequisites of success.

The WG Coordinator, in a spirit of consultation and with the goal of consensus, coordinates the WG and, in the event of confirmed contact, provides cohesion and leadership for the group. (Refer to the Working Group Handbook for further details regarding WG membership, policies and Coordinator functions and relationships.)

All protocols which here follow are performed with the above ideals and principles incorporated into these protocols.

*It is certain that the spirit of the group, its intentions, motivations and unity is the foundation for contact with ETI and transcends any specific protocols, important as they may be.*

## **Initiating Contact:**

With the above principles in place, and after securing an appropriate CE-5 research site (see other materials in this Training Kit), the WG works toward initiating contact with ETI/UFOs via the following suggested general procedure.

Systematic appreciation of non-locality of mind/universal mind as a group involves the expansion of consciousness of each WG member. This may be achieved by a skilled and trained person who leads the group in this process. It involves the simple ability that each human inherently possesses to appreciate non-bounded mind or unbounded consciousness.

Once non-locality of mind is appreciated and experienced by the group, then the group leader assists the group in projection of specific Coherent Thought Sequencing, as described in the training materials. It is crucial that the expanded state of awareness be maintained during this and all subsequent phases of protocol implementation and contact, to the extent possible.

It is important that the specific Coherent Thought Sequencing occur within the pervading spirit of welcome, unity, peace, mutual benefit and cooperation, and with humility and respect. We regard this contact and interchange as one which is welcome, and we are inviting these visitors to come and establish an open and mutual relationship with our people.

At all times, the behavior of the WG and its individual members should reflect a high level of diplomatic decorum and respect for the nature of the work. Alcohol, drugs, inappropriate speech, behavior and dress should all be avoided during field work. At no time and under no circumstances are weapons, or any item which may be construed as a weapon, allowed at a CE-5 research site or staging area.

Following the above steps, the group then uses high-powered lights and the CSETI tones in a systematic and coordinated fashion. It is important for unity and coherence to prevail and to permeate all these actions. The use of the high-powered lights should be done in such a manner that, from an aerial perspective, evidence of intelligent behavior is clearly observable. It may be useful for prearranged light sequences and/or shapes to be visualized and projected during the Coherent Thought Sequencing part of the research so that these modalities may be identifying items for ETI "lock-on" of the WG and CE-5 site.

While engaging in this light and sound work, the WG members should remember to continue the appreciation of non-locality of mind and Coherent Thought Sequencing to the extent possible. For most, this will take some practice. It may be necessary to periodically regroup and again go through the steps of systematic expansion of consciousness with Coherent Thought Sequencing or other techniques to quiet and focus the mind, followed by a new episode of light work and use of the CSETI tones.

### **Confirmed Contact:**

Once a confirmed sighting/contact is made, the following procedures may be observed:

One designated person should use the lights to signal to the craft in a sequence which reflects intelligent contact. For example, one may flash at the craft three times, then pause and wait for the craft to flash back; 4 times and pause, etc. It is crucial that there be a coordinated response, and that the group refrain from random, uncoordinated activity arising from the excitement of the moment.

While the CE-5 light work is progressing, all of the members of the WG should continue with the mind expansion and Coherent Thought Sequencing, welcoming the visitors to come closer, to interact with the group and to land if that is safe and appropriate. Thoughts of unity, welcome, peace and non-hostility should be projected directly at the spacecraft. The chosen landing site should be visualized and projected to the occupants of the spacecraft while signaling to this area with strobe-like sequences of the high-powered lights. If the craft appears to be coming closer, the designated members should set out the strobe lights at the designated landing site.

### **Near Landing / Landing:**

Contingency plans must be made for the eventuality of a near landing or landing of one or more extraterrestrial spacecraft. OF GREATEST IMPORTANCE IS THE HONEST ASSESSMENT, BY ALL MEMBERS PRESENT, OF THEIR INDIVIDUAL READINESS FOR THIS EVENT AND ANY POTENTIAL SUBSEQUENT EVENTS, SUCH AS A BOARDING OF THE CRAFT AND OFF-PLANET EXPERIENCES.

Should the group decide that it is ready for such an experience, the following protocols are suggested:

- The equipment person or technical assistant who has been designated in advance will prepare a landing/hover site by placing portable strobe lights out in a circular or triangular formation.
- If it is anticipated that a small craft is coming which would not appear to permit the boarding of all members present, the Coordinator should assist in identifying the Boarding Party members and preparing them for possible boarding.
- Once a spacecraft has made a close approach and either hovered or landed, THE GROUP MUST AVOID APPROACHING THE CRAFT UNTIL THERE IS A CLEAR INDICATION FROM THE CRAFT THAT IT IS SAFE TO DO SO. Failure to observe this protocol may result in personal injury, death, security breach from the extraterrestrials point of view, and/or termination of the CE-5 event by the extraterrestrials.

- While the spacecraft is in close proximity, the WG members should continue to use coherent thought to project a message of welcome, peace, and further contact. If the group desires that one of the occupants of the craft emerge, this should be visualized and projected to the craft specifically. The WG Coordinator should maintain calm, quiet, unity and coherence among the WG members throughout these proceedings.

### **Emergence of Extraterrestrial Occupants from the Craft:**

- In the event that an occupant(s) of the craft emerges, the WG should welcome the individual(s) by thought and non-threatening hand signals, such as an upturned hand or wave, or by the WG holding hands. The signal should be prearranged, so that discordant messages are not conveyed by different people using different signals. Do not shout, move rapidly or rush the craft or occupant(s). If the occupant(s) advances towards the group, calmness, quiet and self-control must be maintained.
- It is recommended that we not touch the occupant(s) in any way unless it is clearly indicated that this is acceptable and safe.
- The primary message to convey is one of peace, welcome, dignity, mutual cooperation and respect.
- Any items offered by the occupant(s) should be graciously, calmly accepted by the Coordinator or his/her designated assistant.
- Should the occupant(s) indicate a desire to join the group, a comfortable, appropriate place should be arranged to either sit or stand for the meeting.

### **Boarding the Spacecraft by Working Group Members:**

Should it become evident that the boarding of the spacecraft is mutually desired (through telepathic communication or obvious signals) the predetermined Boarding Party members should approach the craft in a careful, dignified manner, avoiding haste or running.

It is recommended that the Boarding Party have an appropriate item to offer the occupants of the craft as a gift of respect and friendship. Wisdom must be used in selecting this item. It is suggested that a natural substance from the Earth be offered, such as a gemstone or mineral specimen.

In the event that a large craft has approached which would permit a large number or all of the WG members to board, it is recommended that the documentation

person and/or one or more other members stay behind to document and report this event. Such members should be designated in advance to avoid confusion.

All WG members who board the craft should make arrangements in advance so that notification with a contact person can be made, in the event of a prolonged absence. The notification will be made by the WG member(s) who have remained behind and will be done with all due diligence, confidentiality and security. The director of CSETI should be notified immediately.

Any member who had previously planned to be in the Boarding Party, but who becomes frightened or overwhelmed at the time of contact, must excuse themselves from the Boarding Party. No member should be made to feel obligated or compelled to go on board unless personally ready and comfortable with the decision to go on board. At no times should any criticism be directed at such a person. (See other materials regarding the Buddy System and the role of the Buddy during such an occurrence.) At all times we must remain honest with ourselves and compassionate with each other. Above all, we must avoid boarding individuals who will panic once on board and who would thus jeopardize the greater mission.

No one should volunteer to be in the Boarding Party who is not prepared for a potential absence of undetermined length. Moreover, it is advised that any WG member present during high-level contacts be prepared for such a possibility. The family members, significant others, and closest personal friends of each member must be prepared for this possibility as well.

At all times we must remember that our efforts are on behalf of all humanity here on Earth, and all peoples on other planets. We must maintain behavior, demeanor and attitudes diplomatic and ambassador-like in quality. A broad, universal perspective must be kept in mind at all times.

### **Meeting Protocols:**

Whether a close meeting with the spacecraft occupants occurs on board the craft or outside the craft, it is important to have plans which facilitate a meaningful exchange between the WG members and the extraterrestrial people.

The following protocols are suggested while fully realizing the real conditions may or may not permit their actualization.

The overriding principles are that we must avoid communications which are: 1) undignified; 2) subject to misinterpretation as being rude, hostile or threatening; 3) hasty or overly forceful; 4) self-centered and acquisition-oriented; 5) contrary to the principles of mutual trust and benefit.

### **Suggested Statements and Questions: Verbal, Telepathic or Both**

*Note: Some Working Groups have found it helpful to transfer these suggested meeting protocols to a 3 x 5" card and carry them in a pocket for ready reference.*

1. Welcome. We consider you honored guests. Thank you for this meeting.
2. We desire peace, unity, and mutual cooperation and benefit from our relationship. (Offer gift if appropriate.)
3. We recognize that from the perspective of conscious intelligence, the universe is inhabited by one people. We share and celebrate our oneness with each other and with your people.
4. Is there anything you would like to share with us, any messages or information for our group?
5. Do you have any questions for us?
6. Is there any way we may help you?
7. May we ask you some questions?

(If yes...)

8. What information and knowledge are you at liberty to share with us at this time regarding your people and your mission here on Earth?
9. What is your assessment of the Earth and her people?
10. How may we work together in the future? How and when can we contact you again?
11. What may you share with us regarding the scientific, social and spiritual needs of the Earth and her people? Is there specific knowledge which is timely for us to know?
12. May we share this knowledge with our fellow humans at this time? (If not, when may we share this knowledge?)
13. Are there any other questions which you would like to ask of us?
14. Do you have anything else which you feel we should know?



15. Do you wish for any of us to remain with you longer, or to meet others with whom we are working?
16. We hope that we will meet again soon, and invite you to contact us when you deem it appropriate to do so.
17. Thank you for this meeting and for the knowledge you have shared with us. We hope we can work together to bring peace and the advancement of civilization in the universe. May peace and the blessings of Universal Consciousness be with you.

### **Notes Regarding the Meeting Protocols:**

The communications and questions should be open-ended and courteous, and should avoid premature probing questions, such as: “where are you from?”, and “how does your propulsion work?” Questions of a technical nature should be asked as in #11 above.

The Coordinator, in consultation with the WG, should determine in advance who will be asking the questions and primarily responding to their questions. A secondary and tertiary Communicator should be assigned in the event the original Communicator finds it difficult to fulfill this important role.

Random, chaotic and uncoordinated questions and responses must be avoided at all times. It is critical that internal group discipline and unity be maintained so that a meaningful exchange may occur.

Wisdom must be used when deciding to ask the visitors if electronic recording of the meeting is permitted and appropriate. Bringing this issue up prematurely may appear rude, presumptuous or may cause confusion, particularly if extraterrestrial visitors must obtain permission from a higher level for such recording to occur. Intuition and tact are needed to successfully reach the right decision on when and whether to broach this subject.

It is important to remember that the primary objective of this CE-5 Initiative is the development of a sustainable, peaceful and mutually beneficial relationship between humans and all extraterrestrial peoples. The acquisition of specific information, no matter how useful and fascinating, is a distant secondary purpose which must not be allowed to interfere with this primary objective. Such acquisition could lead to possible harm to the extraterrestrials and/or the humans.

A spirit of unconditional love and acceptance should pervade the proceedings. This is best attained by the appreciation of universal conscious intelligence which is the foundation and origin of our individual consciousness.

In the event that any WG member becomes overwhelmed or uncomfortable during any stage of these proceedings, that member should quietly, discreetly excuse him/herself from the area. Should the Coordinator observe such discomfort, she/he may ask this person to leave. At no time should individuals disrupt the proceedings. It is the Coordinator's responsibility to maintain a constructive, effective atmosphere in which the meeting may continue to unfold.

At no time should any WG member attempt to surreptitiously acquire any photos, recordings, videos, artifacts or "souvenirs" from the spacecraft without the clear permission of our guests.

Physical touching or contact between humans and ETs should proceed only upon mutual agreement, and should be initiated by our guests, who may be able to clearly determine if there is any biological risk that would be harmful to them or us.

### **Off-Planet Events:**

*Note: Any CE-5 Initiative session may result in a high-level CE-5 culminating in the entire WG present being transported on board a spacecraft. Therefore, even though specific Boarding Party members have been predetermined, all WG members should be prepared for this possibility.*

In the event that one or more WG Boarding Party members are invited to enter the craft and depart the Earth, the following protocols should be implemented as well:

Should the extraterrestrials indicate that a departure is desired and extend an invitation to allow Boarding Party members to accompany them, we should ask them which members may go and, if possible, allow them to select those members.

If they request that all members depart for an off-planet experience, we should respectfully request that at least one WG member be allowed to remain behind for documentation and notification purposes, if possible.

It is appropriate to respectfully enquire as to how long, in Earth time, the Boarding Party members will be gone. If the answer is nonspecific, or involves a long period of time, those members uncomfortable with a prolonged absence should endeavor to politely excuse themselves from departure. In general, however, all Boarding Party members should be individuals who are psychologically, socially and physically prepared for a lengthy absence from Earth and from children, family, work, close friends, etc.

In a lengthy meeting or off-planet experience, if we are invited to enquire about or to share more specific information, the following suggested general order may be followed:

1. Information concerning extraterrestrial society, philosophy, beliefs/religion/spirituality, purposes, missions, needs, plans, biology, political structure, federation/organization among various planets and their historical, current and future relationships to Earth and humans.
2. Specific information regarding the development of a more extensive and open relationship between extraterrestrial peoples and humans, and how we might assist in this process.
3. Specific information concerning how we may assist the Earth in its transition to world peace, ecological integrity, social and economic justice, and the attainment of a world civilization capable of long-term survival and peaceful co-existence among the peoples of Earth and with other planetary civilizations.
4. Pertinent information regarding collective and personal spiritual development and transformation.
5. Technical, scientific and medical information which would be appropriate, useful, timely and non-harmful at the present time. Remember the medical maxim: *“Above all, do no harm.”*
6. During an extensive meeting / off planet experience, it may be appropriate to offer a time for silent meditation or prayer together as a group with the extraterrestrial guests. The WG group may wish to have preselected a prayer that is non-denominational and represents faith, hope and love rather than particular religious beliefs.
7. Inquiries regarding future Earth, human and/or ET events should be made with wisdom.
8. Should we be asked to provide feedback to them regarding extraterrestrial activities, we should diplomatically welcome them and then offer the suggestion that voluntary human/extraterrestrial interactions are preferable to involuntary ones, to the extent possible. We should be prepared to offer to assist in these voluntary exchanges.

# **A PRIMER FOR WORKING GROUP COORDINATORS**

## **By Shari Adamiak**

Hello: I am going to share with you some of my experiences in leading, coordinating and training CSETI working groups. I will give you hands-on, real-world information and suggestions on facilitating your own working group.

First and foremost, an inward look is in order. To effectively form and maintain a cohesive group calls for particular talents. Some talents are very desirable that you may not have considered - and some attributes you might think are necessary are not. A CSETI working group functions a bit differently from other organizational groups you may have participated in previously. Let's look at some of the differences:

### **What a CSETI Working Group Is**

Elements that are key:

- Desire to be involved in real-time research and contact
- Having an open mind
- Primary knowing vs. secondary knowing
  - This includes:
    - real learning vs. book learning
    - real research vs. armchair research
    - as it happens vs. after the fact
    - multiple-witnessed events vs. individual experiences
- Cohesiveness, sharing work, caring about teammates
- Positive attitude
- Emotional stability
- A quiet mind, level-headedness, and well-being of body

### **What a CSETI Working Group Is Not**

Let's look at some things that just don't work for CSETI research associates:

- Mere curiosity
- Desire for a venue to offer support for "victimization"
- Parlor game mentality
- Wanting the ETs to come to you - to land on the front lawn
- Hostility towards any type of extraterrestrials
- "Us and Them" attitude, or racism
- Desire to use the results of the work for self-aggrandizement
- Exclusivity
- Venue for the expression of personal agendas

The most important element of a CSETI working group is this: We are actively involved in real-time field research as a TEAM. Many people may be drawn to be in a CSETI group because they have had their own sightings, experiences and encounters with what may indeed be extraterrestrial intelligent beings and their craft. You may need to be on alert for those who expect to find a support group within which to analyze and perhaps bemoan their experiences with what may be ETs, but very likely are not. This is one reason why each person wishing to join a field group is asked to complete a Research Associate questionnaire. A sample form is enclosed for your use, or to use as a guide. At a preliminary group meeting, you can emphasize some key points regarding what the work of a working group is all about:

We have found in our experience that the most difficult idea for people in a working group to come to terms with is the team concept. Most organizational groups are convened so that people can brainstorm and come up with solutions to a problem, or an agenda for a particular issue. People are subtly encouraged to be better than the next guy, to come up with a more brilliant game plan. There is an underlying element of competition, cloaked as it may be in the effort for a common good. Even among sports teams, there is tremendous competition to be the high-scoring player, to command the most outrageous salary. All of these mundane team concepts ideally are absent in a healthy CSETI group. In our work, we endeavor to come together as a unit to stand on the common ground of a lofty motivation. Our goal is nothing less than to be ambassadors for the peoples of the Earth and the universe; to bridge the gap between our civilizations. The CSETI motto: *One Universe, One People* is what we are all about.

Participating in a group of this nature often leads those within the group to undergo their own self-examinations. This can manifest as emotional purgings, questioning one's inherited belief systems, examining our place on Earth and in the universe itself. It causes us to look within to see if we think we are ready for this task. It can ask us to look into the face of our own fears. For in this work, we strive to be capable, willing and able to function cogently and to proceed despite any fear that may arise. It can be very helpful in group meetings to give teammates the opportunity to express fear issues concerning contact with ETI. By openly sharing and discussing these concerns, all team members are facilitated in processing inner shadows. You will want to "read" your teammates to see how much or how little processing of inner issues should be encouraged, and how quickly. We have found that those who deny having any fears are often the ones that "decompensate" when encounters unfold rapidly during field work. When this happens, the team member may 1) deny the significance of the encounter in order to hang on to their resident belief systems; 2) attempt to convince others that the work is either inconsequential or wacko; and/or 3) decide to withdraw from the working group. Each case must be handled individually. Sometimes the team

member will wish to remain involved in a behind-the-scenes kind of way. You may find it necessary to counter any false or malicious statements to others. As Deepak Chopra so aptly stated, "Don't defend your point of view." State your viewpoints succinctly and let your words and actions stand for themselves. If a real problem arises with an individual following a fear reaction, please contact us if you would like some input, suggestions and guidance.

# **CSETI Research Associate Application**

## **CONFIDENTIAL**

Name (print): \_\_\_\_\_

Birth Date: \_\_\_\_\_ Sex (M/F): \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip Code: \_\_\_\_\_

Occupation: \_\_\_\_\_

1. Why do you wish to be involved in the CSETI Initiative? What do you hope or intend to accomplish through CSETI field experience?
2. What is your primary interest in extraterrestrial intelligent beings and UFOs? Why?
3. What do you feel is true or false about the present motives or intentions of extraterrestrial intelligence with reference to human beings and planet Earth?
4. How do you feel about going on board a craft and being off-planet for a period of time?
5. How do your family/significant others feel about your interest and involvement with this subject and CSETI?
6. Are you willing and able to participate in CSETI field work as to time away from family and other pursuits; physical ability to participate in field work; possible time away from work/school? How do you feel about this?

7. Please describe your physical, mental and emotional conditions at present and list any current medications:
  
8. Do you have any phobias?
  
9. Please describe any practices of silence, prayer and/or meditation you follow:
  
10. Are you now or have you ever been an employee of any national security or government agency such as the CIA, FBI, NSA or others? If so, please state the dates and capacities in which you served.
  
11. What role do you feel telepathy, remote viewing, precognition, dreams and other nonphysical experiences or events play in CSETI work? What experiences or abilities do you have with these?
  
12. Please list fears or concerns that might make CSETI field work difficult for you:
  
13. What specific skills and abilities would you bring to CSETI work?
  
14. Comments:

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

***One Universe - One People***



## **GUIDELINES AND POLICIES FOR CSETI RAPID MOBILIZATION INVESTIGATIVE TEAMS**

**Note: As of January 2011, no RMITs have been mobilized since March 1997.**

*The CSETI Rapid Mobilization Investigation Team (RMIT) is a mobile working group. Its members will have up-to-date information and training, and will have specific skills which will contribute to the effectiveness of the RMIT. When sent to a location, they will augment the efforts of the local working group (if any). The Director will specify the lead team. In many cases this may be the RMIT only. However, both teams will have roles and responsibilities. The following applies to RMITs:*

RMIT members will be in situations which demand clear and competent thinking and action. Therefore, an in-depth questionnaire and screening process as well as a telephone interview with a CSETI official will be necessary as part of the application process.

When mobilized, the RMIT should maintain high standards of decorum and integrity. These assignments are for the purpose of investigation and should not have the demeanor of a social excursion.

All photographs, videos, audio tapes, artifacts or other evidence obtained on a RMIT belongs to CSETI. Authorization and remuneration agreements must be secured beforehand; otherwise, such material will be considered unauthorized.

After any mission, each RMIT member is expected to submit a report in order that the CSETI headquarters have the fullest documentation possible. Further instructions regarding the report will be given on the mission.

RMIT members are expected to maintain strict confidentiality concerning all activities and events that occur on site. All contact with the media, the public, government agencies, law enforcement offices, etc. will be via an approved CSETI media spokesperson. The location of the site itself is to be held in the strictest confidence.

Each team will have a leader and assistant. The mission will be conducted in a cooperative manner; however, team members will be expected without hesitation to follow the direction of the team leader in the event an emergency decision is required.

The team structure is as follows (numbers indicate boarding party order):

1. Coordinator - Team leader as assigned by the CSETI Director. The Coordinator will assign all RMIT working group functions.
2. Assistant Coordinator - Assumes leadership as required: supports Coordinator.
3. Communicator #3 - Assists #1 and #2 with ETI/human communication.
- 4, 5, ... as required.

***The following positions are not on the boarding party. They are listed in order of importance. One person may fill all functions out of necessity.***

Documentation Specialist - (and assistant if possible) - Responsible for Earth-bound operations and documentation during any CE-5 events. Assists the boarding party documentation of any meeting and/or on-board experience. Responsible for audio, video and field equipment.

Media Liaison - Works in coordination with the CSETI Director for the release of information after a CE-5 event. (can be the coordinator)

Site Security - To be on the alert for intruders, including police or military, and will deal with them as necessary.

Due to the specialized nature of the work, RMIT members may be required to annually participate in a RMIT function as well as an RMIT training. RMIT members must be CSETI members.

RMIT members may be expected to travel to a research site on one to three days' notice. Each RMIT mission may be from two to ten days in length.

RMIT members should be in reasonable physical fitness; i.e., able to hike ten to twelve miles in a day, and stay up until the wee hours several nights in a row.

If trial as a RMIT member on site does not prove to be mutually beneficial, no judgment will be applied. However, the member must leave the team if requested to do so.

Only trained and approved RMIT members will be permitted on site during RMIT functions.

Anyone visiting the locale of a RMIT function should have advance permission to join the team. Please do not show up half-way around the world expecting to be included in an existing research project.

Personal habits may have to be altered while on RMIT missions. No strong perfume/after shave, no smoking near a site, no loud voices, no drugs or alcohol, no offensive or defensive weapons, etc.

Actions evincing motives towards the acquisition of ET technology will not be permitted and will be grounds for dismissal from the RMIT and working group.

The RMIT is activated at the discretion of the Director of CSETI in consultation with other members of the CSETI Executive Council. RMIT members may not unilaterally activate the team.

All RMIT members should become proficient in the science of consciousness and the experience of non-local mind through the regular, conscientious practice of a meditation process of their choice.

All RMIT members should communicate to CSETI headquarters information concerning an appropriate RMIT research site as soon as they become aware of such an opportunity, so that the RMIT may be deployed in a timely fashion.

Any person who is a member of a national governmental intelligence agency or service (for any government, U.S. or otherwise) is ineligible for RMIT (or working group) membership.

Any concerns, complaints or rumors about CSETI, the RMIT, Dr. Greer or other CSETI officials should be brought immediately to the attention of CSETI headquarters.

Failure to observe CSETI policies and procedures, or failure to function effectively as a team member may result in removal from the RMIT. Such removal is at the direction of the Director of CSETI, in consultation with other CSETI officials.



# **CSETI**

## **LIABILITY RELEASE**

I affirm that I am of sound mind and body and that I am attending this CSETI Ambassadors to the Universe Training Retreat of my own free will and at my own risk.

I agree to hold harmless CSETI, Steven M. Greer, M.D., individually and as founder and director of CSETI, its Research Director, Board of Directors, Executive Council, Advisory Council, and members in the event that participation in any event, or the malfunction of any equipment used at any event, leads to any physical, emotional, psychological or mental injury or harm to me, including my death or disappearance.

I also agree that CSETI has the right to remove any person from CSETI events who is found to be disruptive or harmful to the CSETI training or mission.

I certify that I am signing this document of my own free will and by so doing agree to the terms and conditions herein.

\_\_\_\_\_  
Date

\_\_\_\_\_  
Sign Name:

\_\_\_\_\_  
Print Name:

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